INRICH 15<sup>th</sup> Annual Workshop May 2024



# Held Back by Inequality:

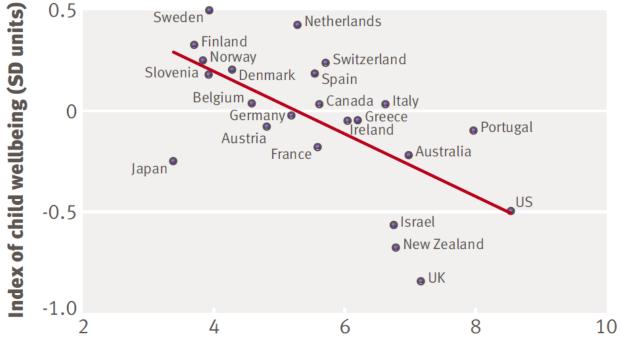
How economic inequality shapes children's health, wellbeing and life chances and what we should be doing about it

Kate Pickett, OBE FRSA FFPH FAcSS

## The UNICEF Index of Child Wellbeing 2007

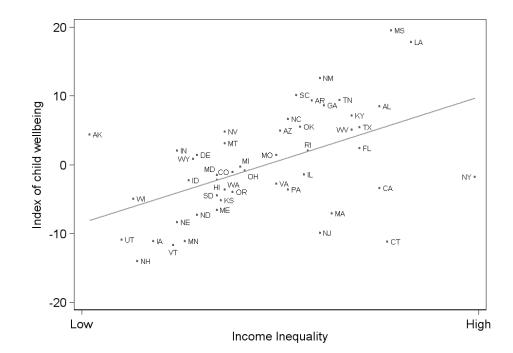
		Dimension 1	Dimension 2	Dimension 3	Dimension 4	Dimension 5	Dimension 6
Dimensions of child well-being	Average ranking position (for all 6 dimensions)	Material well-being	Health and safety	Educational well-being	Family and peer relationships	Behaviours and risks	Subjective well-being
Netherlands	4.2	10	2	6	3	3	1
Sweden	5.0	1	1	5	15	1	7
Denmark	7.2	4	4	8	9	6	12
Finland	7.5	3	3	4	17	7	11
Spain	8.0	12	6	15	8	5	2
Switzerland	8.3	5	9	14	4	12	6
Norway	8.7	2	8	11	10	13	8
Italy	10.0	14	5	20	1	10	10
Ireland	10.2	19	19	7	7	4	5
Belgium	10.7	7	16	1	5	19	16
Germany	11.2	13	11	10	13	11	9
Canada	11.8	6	13	2	18	17	15
Greece	11.8	15	18	16	11	8	3
Poland	12.3	21	15	3	14	2	19
Czech Republic	12.5	11	10	9	19	9	17
France	13.0	9	7	18	12	14	18
Portugal	13.7	16	14	21	2	15	14
Austria	13.8	8	20	19	16	16	4
Hungary	14.5	20	17	13	6	18	13
United States	18.0	17	21	12	20	20	-
United Kingdom	18.2	18	12	17	21	21	20

### **Child Well-being is Better in More Equal Rich Countries**



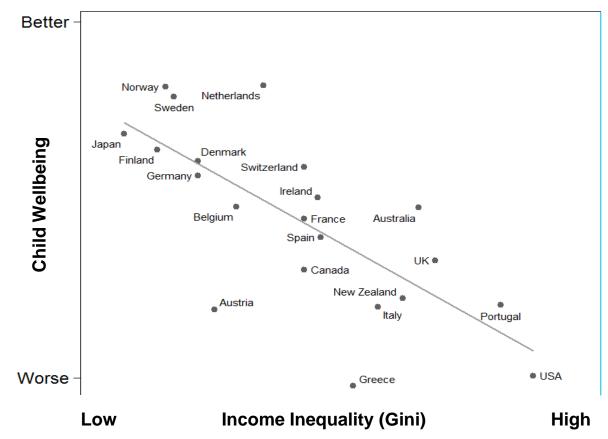
Income inequality (20:20 ratio)

## Child wellbeing and income inequality in US States, 2009



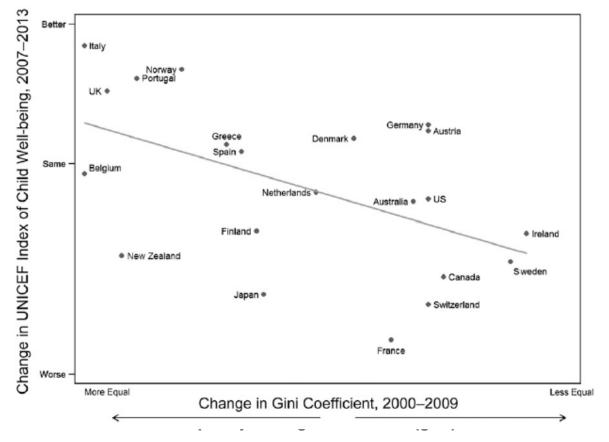
Correlations and p-values	Income inequality	Average income	
Foundation for Child Development 25-item index	0.43 (0.002)	-0.61 (<0.001)	
Kids Count 10-item index (shown in graph)	0.51 (<0.001)	-0.53 (<0.001)	

### Inequality and Child Wellbeing (UNICEF Report Card 2013)



Pickett & Wilkinson, Pediatrics (2015)

## Changes in inequality and child wellbeing (UNICEF Index)

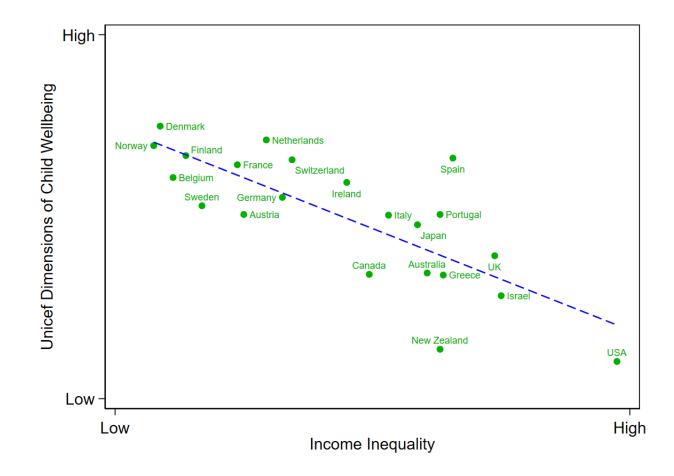


Pickett & Wilkinson, Pediatrics, 2015

### **UNICEF Innocenti Report Card 13: Fairness for Children, 2016**



Gini coefficient



Pickett, K., Wilkinson, R., Gauhar, A. & Sahni-Nicholas, P. (2024) The Spirit Level at 15. London: The Equality Trust. DOI: https://doi.org/10.15124/yao-de9s-7k93

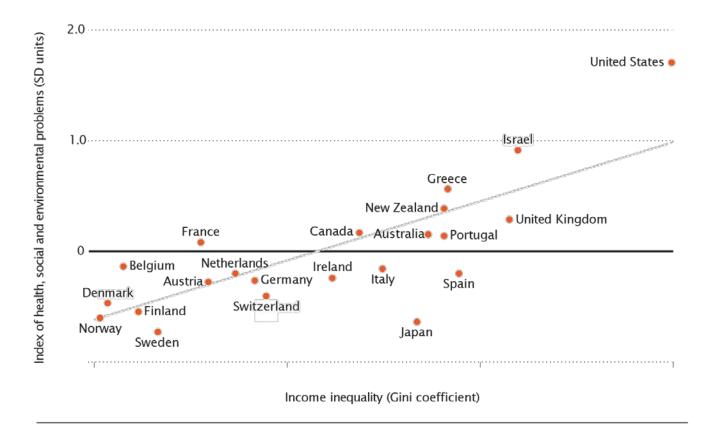
## How children are affected



Social mobility is highest in Denmark, Norway, Sweden, Finland



The UK has seen a 'sustained and unprecedented rise' in infant mortality in recent years Educational inequality is particularly marked for maths proficiency



#### Wilkinson RG, Pickett KE | Nature | Vol 627, pp 268-270 | 14 March 2024

## A decade and a half of suffering



## In the UK alone:

Poverty is rising

 300,000 fell into absolute poverty in a single year Inaction on child poverty is costing £16 billion/year Mental health cost of the pandemic will be £13.2 billion in lost wages

### Services have been decimated

300,000 are in poverty because of the two child benefit limit 900,000 poor children miss out on free school meals 1300 Sure Start centres closed

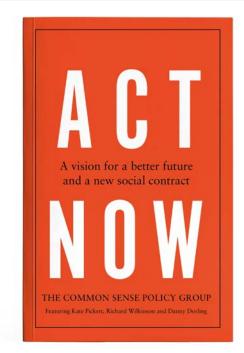


## What to do?

We need:

A Basic Income policy Equality Impact Assessments Future Generations acts





# **Politics is nothing else...**



## ...but medicine on a large scale



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