

Achieving meaningful⁺ involvement



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Why involve people?

- **Ethical**
- **Effective study design and delivery**
- **Impact**

Practical aspects

- **Resources!**
- Make it easy
- Provide support before and during participation
- Sort the practical stuff
- Understand that people will come and go

Getting the culture right

- **Effective vs meaningful**
- Public collaborators are not there just for your purpose
- Equal value to people's perspectives
- Devote enough time to listen and discuss

What can this achieve?

- We do research we would never have thought of
- It changes everybody involved – academics as well as public collaborators