



Bradford, UK
June 7-8, 2018

10th Annual Workshop

WITH THE SUPPORT OF:



INFORMATION PACK



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10th Annual Workshop

WITH THE SUPPORT OF:



FINAL PROGRAM (as May 25, 2018)

Theme:

Justice & Equality: Solutions to child health and well-being



UNIVERSITY
of York

WORKSHOP DAY I: THURSDAY, 7TH JUNE

AM - Location: Kala Sangam, St Peter's House, 1 Forster Square, Bradford, BD1 4TU
<http://www.kalasangam.org/>

THEME —Solutions to child health inequalities – evidence from research, policy and practice. A public event

8:30 Registration of participants

Chair: Kate Pickett, Professor of Epidemiology, University of York, UK

9:00 **John Wright**, Director of the Bradford Institute for Health Research, and
Kersten England, Chief Executive of Bradford Metropolitan District Council.
Welcome and Introduction to Bradford

9:30 **John Frank**, Director of the Scottish Collaboration for Public Health Research & Policy,
University of Edinburgh, Scotland, UK
"Adverse Childhood Experiences in Scotland, Poverty, and Moderating Policy Options"

10:10 Questions and discussion

10:30 **Health Break** (tea and coffee)

10:45 **Panel of policy makers and services providers/commissioners**

12:00 **Lunch and tour of posters**

12:45 Optional lunchtime activities:

- A) Presentation by **Imti Choonara** - Publishing research: What journal editors are looking for
- B) Walking tour of Bradford city centre

THEME — Challenges and opportunities for reduction of child health inequalities

Chair: Nick Spencer, Professor Emeritus, University of Warwick, UK and co-chair of INRICH

13:30 **Paul Wise**, Director of the Center for Policy, Outcomes and Prevention, Stanford University, USA
"Genes, Epigenetics and Justice: The Future of Child Health Equity in the Precision Medicine Storm"

14:10 Questions and discussion

14:30 **Kitty Stewart**, Associate Director, Centre for Analysis of Social Exclusion, London School of Economics and Political Science, UK
"Poverty, policy and child health inequalities"

15:10 Questions and discussion

15:30 **Health Break** (tea and coffee)

THEME — Methods for evaluating solutions to child health inequalities

Chair: Philippa Bird, Principal Research Fellow, Bradford Institute for Health Research

15:45 **Arjumand Siddiqi**, Canada Research Chair in Population Health Equity and Associate Professor, Dalla Lana School of Public Health, University of Toronto, Canada
"Evidence on the Effects of Policies, Policy Changes, and Other Societal Contexts on Children's Health Inequalities"

16:25 Questions and Discussions

16:45 **Hannah Bryson , Goldfeld S, Price A, Mensah F**, Murdoch Children's Hospital, Center for Community Child Health, Royal Children's Hospital, Department of Pediatrics, University of Melbourne, Australia
Measuring young children's stress response to social adversity using hair cortisol.

17:00 Questions and discussion

17:15 End of first day

INRICH DINNER AND NETWORKING EVENT

Location: **Bradford City Hall, Norfolk Gardens, BD1 1UH** <https://www.bradford.gov.uk/your-council/council-buildings/city-hall/>

19:30 **INRICH Dinner (drinks not included) AND GROUP PHOTO**

Please arrive from 18.45 to look around the historic building before dinner.

WORKSHOP DAY II: FRIDAY, 8TH JUNE

AM - Location: Kala Sangam

THEME - Evaluating interventions to improve child health and reduce inequalities: experiences from Australia and the UK

Facilitator: Rosie McEachan, Programme Director, Born in Bradford, Bradford Institute for Health Research

- 9:00 **Sharon Goldfeld**, Paediatrician/Research Group Leader, Murdoch Children's Research Institute
Josie Dickerson, Programme Manager, Better Start Bradford Innovation Hub, Bradford Institute for Health Research
"Evaluating interventions to improve child health and reduce inequalities: experiences From Australia and the UK"
- 9:40 Facilitated discussion – Learning lessons on what works and methods for evaluation
- 10:30 **Health Break** (tea and coffee)

THEME – INRICH Early Career Researchers/students/PhD fellows

Chair: Hein Raat, Professor of infant, child and adolescent public health, Erasmus MC, Netherlands

- 10:45 **Arzu Arat, Östberg V, Burstrom, Hjern A et al**, Karolinska Institute, Stockholm, Sweden
Social inequities in vaccination coverage among pre-school children in Europe and Australia – A systematic review
- 11:00 Questions and discussion
- 11:15 **Emmanuelle Arpin**, Dalla Lana School of Public Health, University of Toronto, Canada
Comparing the effects of parental material and time investments on child development with the Canadian National Longitudinal Survey of Children and Youth (NLSCY)
- 11:30 Questions and discussion
- 11:45 **INRICH Business Discussion: Louise Séguin, Nick Spencer**
- 12:30 **Lunch and tour of posters**
- 13.15 Optional lunchtime activity: Born in Bradford photography presentation (**Ian Beesley**)

PM - Location: Kala Sangam

Chair: Nick Spencer, Professor Emeritus, University of Warwick, UK and co-chair of INRICH

- 14:00 **Introduction to INRICH 11th Annual Workshop, 2019**
- 14:30 **PUBLIC LECTURE AND BOOK LAUNCH**
Richard Wilkinson, Honorary Professor at University College London, Visiting Professor at the University of York
The Inner Level: How More Equal Societies Reduce Stress, Restore Sanity and Improve Everybody's Wellbeing
- Questions and discussion +refreshments

OPTIONAL EVENING WALKING TOUR OF SALTAIRE – sign-up sheet will be available at the conference

Travel to Bradford

How to get from airports in England to Bradford city centre

Leeds Bradford airport

- Leeds Bradford airport has a bus service to Bradford. Bus 737 or 747 come every 30 minutes and will get to Bradford city centre in 40-50 minutes.
- Bus tickets can be bought on the bus (£6 return).
- More info: <http://www.flyingtigerbus.co.uk/>.
- Taxis can be booked in advance: <https://www.arrowprivatehire.co.uk/airports/leeds-bradford/>. A single journey in a car carrying four people will cost about £25 and take around 30 minutes depending on the time of travel.

Manchester airport

- Trains from Manchester airport to Bradford Interchange leave every 30 minutes and take about 1 hour and 40 minutes. You will have to change trains at Manchester Victoria or Leeds.
- Return tickets cost around £30. Tickets can be booked in advance at: www.nationalrail.co.uk. These tickets can be much cheaper depending on time of travel. If your flight is delayed you can use them on any trains up to 3 hours after your original time of departure.
- Car hire is available at Manchester airport, and driving to Bradford takes about an hour to 1 1/2 hours depending on the time of travel.
- Taxis can be booked in advance: <http://www.manchesterairporttaxi.cab/>. A single journey in a car carrying four people will cost between £110 and £150 for a single journey.

London airports

- For trains from London airports to Bradford see www.nationalrail.co.uk. Tickets can be booked in advance and these tickets may be much cheaper than those bought on the day.
- You can get the train to Bradford Interchange or Bradford Foster Square; both are within walking distance to the city centre.
- Gatwick airport: direct train to London Kings Cross (right next to St Pancras International).
- Luton airport: Shuttle bus to St Pancras International (<https://www.london-luton.co.uk/to-and-from-lla>), then take the train to Bradford.
- London Heathrow: travel on the tube with the Piccadilly line to London Kings Cross / St Pancras International train station and then take the train to Bradford.
- Stansted airport: You can either take the train to Peterborough and from there to Bradford, or take the train to London and another train from London Kings Cross to Bradford (www.nationalrail.co.uk).

More information

Katie.swinden@bthft.nhs.uk

The Bradford context

Bradford is a [city of sanctuary](#), with a diverse population and a long history of welcoming migrants from many different countries. At [Born in Bradford](#) we are proud of the collaborative and respectful working relationships we have developed with the community and this underpins the ways in which we communicate among ourselves and share our research with others. In our context, the ways in which we talk about ethnicity are important, and we are careful to use language that is sensitive and recognises different backgrounds and traditions. We recognise that there are cultural differences in how researchers talk about ethnicity, and we know that none of our speakers wish to cause offense.

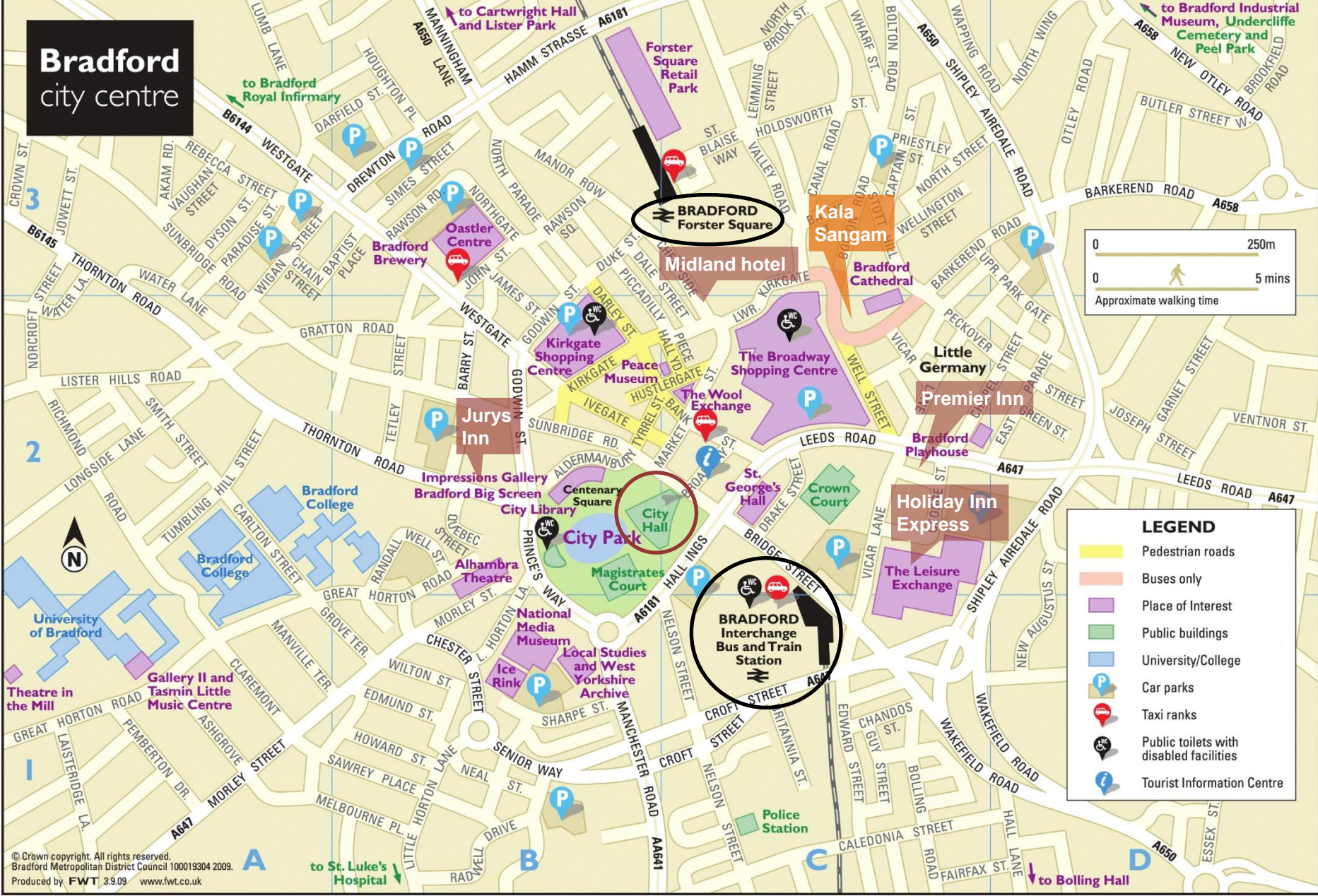
We would encourage speakers to use terms to describe ethnic background from the British census classification <https://www.ethnicity-facts-figures.service.gov.uk/ethnicity-in-the-uk/ethnic-groups-and-data-collected>.

If you want to check any concerns about terminology, do please contact us. In addition, at some of our INRICH sessions there will be members of the public and local practitioners, and so we encourage speakers to use language that is jargon-free as well as inclusive.

More information

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Bradford city centre



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 Bradford Metropolitan District Council 100019304 2009.
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Meeting venue: Kala Sangam

Train stations: Bradford Interchange and Foster Square

Dinner: City Hall

City Hall

- Dinner on Thursday the 7th of June will be at City Hall.
- If you arrive from 18:45 you will have some time to explore this magnificent building, see the council chambers and silverware collection.
- Just before dinner we will take the group photo.

From Wikipedia:

Bradford City Hall is a Grade I listed, 19th century town hall in Centenary Square, Bradford, West Yorkshire, England. It is notable for its landmark bell/clock tower. The building was designed by Lockwood and Mawson, and opened in 1873. Winston Churchill gave his first speech after the Second Battle of El Alamein outside the hall in which he called for the people to 'go forward together and put these grave matters to the proof'.



More information

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Haworth

A beautiful village in the Yorkshire Moors

Highlights

- Main street: independent shops, restaurants and tearooms
- Brontë Parsonage: museum and house where the three Brontë sisters wrote their world-famous novels (£8,50 adult price, open between 10 am and 5:30 pm daily).
- Station with steam train to Oakworth (<http://kwvr.co.uk/>)
- Walking trail past waterfalls and Top Withins, which formed the inspiration for Earnshaw's house in Wuthering Heights (http://www.haworth-village.org.uk/walks/bronte_waterfall/waterfall.asp)

Getting there from Bradford

- By bus: bus 67 or 68 from Bradford Interchange bus station to Keighley. The bus goes every half an hour and the journey takes about an hour. Change at Cross Roads Keighley and take the Bronte Bus to Haworth. The Bronte Bus comes every 20 minutes and takes 6 minutes to get to Haworth. Buy a K day ticket on the bus from the Keighley Bus Company for £4.30, which gets you to Haworth and back and is valid all day.
- A taxi from Bradford city centre takes 20 to 30 minutes. Uber £15-20 for a single journey.

More information

<https://www.yorkshire.com/places/west-yorkshire/bradford/haworth>

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INRICH

International Network
for Research on Inequalities
in Child Health



Friday

8 June

2:30 pm

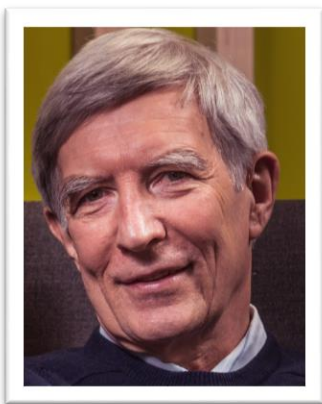
Kala Sangam
St Peter's House
1 Foster Square
Bradford
BD1 4TY

BOOK LAUNCH

The Inner Level

Following on from international bestseller *The Spirit Level*, one of the most influential non-fiction books of the last decade, Wilkinson and Pickett show how inequality impacts on our lives.

Public Lecture by Prof Richard Wilkinson



Followed by Q&A
refreshments
and book signing



This event is organised by Born in Bradford as part of the INRICH annual meeting and supported by the University of York Health and Wellbeing research theme.

More info: Katie Swinden - borninbradford@bthft.nhs.uk

Saltaire

On Friday the 8th of June there is an optional guided walking tour in Saltaire.

- **Victorian model village**
- **UNESCO World Heritage Site**
- **Walking tour past Salt's Mill, Victoria Hall, the historic worker cottages, Roberts Park and the Leeds Liverpool Canal.**

From Wikipedia:

Saltaire was built in 1851 by Sir Titus Salt, a leading industrialist in the Yorkshire woollen industry. The name of the village is a combination of the founder's surname and the name of the river. Salt moved his business from Bradford to this site near Shipley to arrange his workers and to site his large textile mill by the Leeds and Liverpool Canal and the railway.

Salt built neat stone houses for his workers (much better than the slums of Bradford), wash-houses with tap water, bath-houses, a hospital and an institute for recreation and education, with a library, a reading room, a concert hall, billiard room, science laboratory and a gymnasium. The village had a school for the children of the workers, almshouses, allotments, a park and a boathouse. With the combination of quality housing, employment, recreation, educational facilities and social services the model town represented a landmark example of enlightened 19th century urban planning.

More information

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