



## **Due North**

## A Fairer Start for Children in the North of England

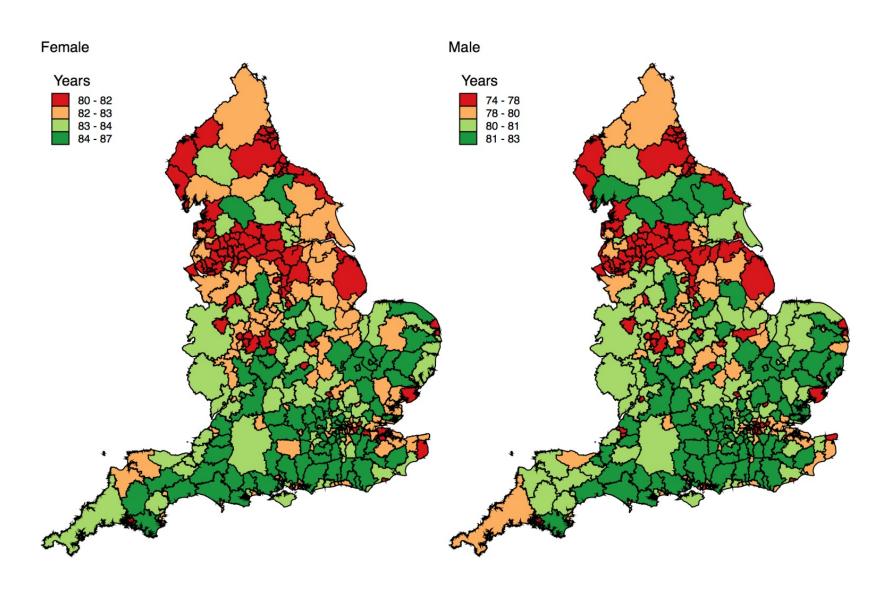
#### **David Taylor-Robinson**

Department of Public Health and Policy University of Liverpool Honorary Public Health Consultant Alder Hey Children's Hospital

#### **INRICH**

Barcelona June 2016

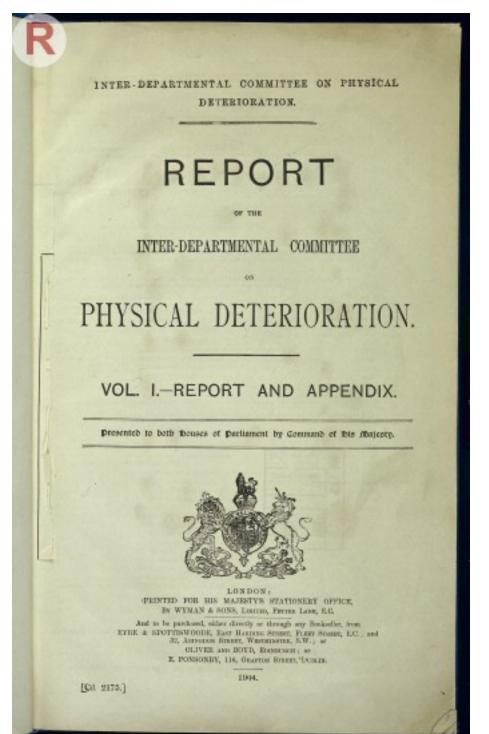
## Life Expectancy: the North-South Health Divide



Source: Due North

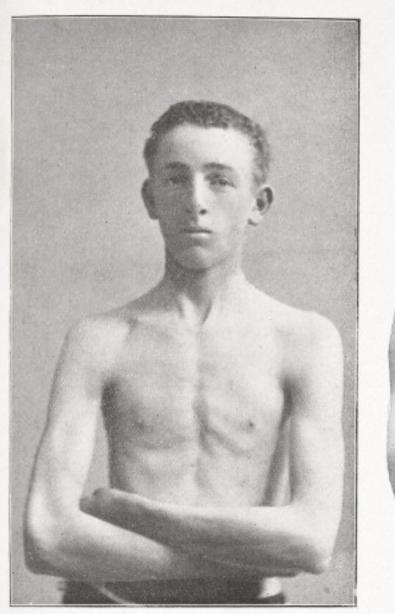
# DUE NORTH

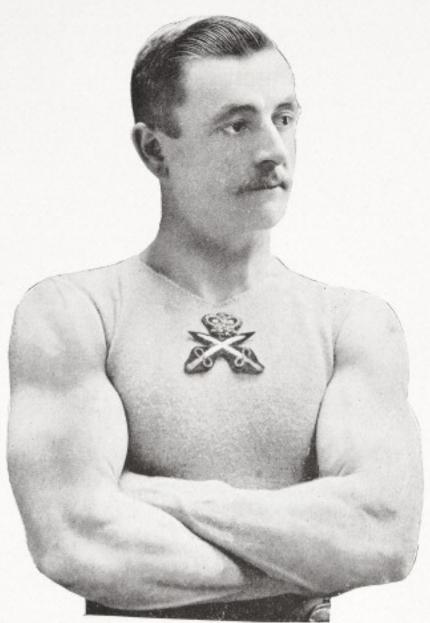
Report of the Inquiry on Health Equity for the North



http://wellcomeimages.org/indexplus/result.html?\*sform=\ellcome-

images&\_IXACTION\_=query&%24%3Dtoday=&\_IXFIRST\_=18 %3Did\_ref=L0032550&\_IXSPFX\_=templates/t&\_IXFPFX\_=ter plates/t&\_IXMAXHITS\_=1





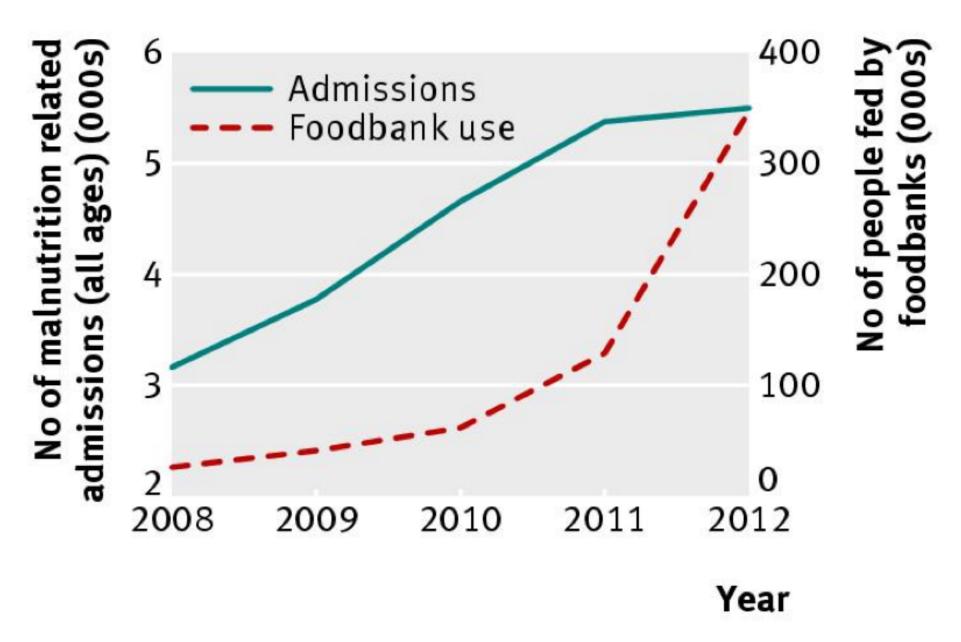
The first photo shows the physical condition of the youth of the nation as revealed by the war. The second shows what can be achieved by scientific methods of physical education and culture, and how imperative such methods are to safeguard us against physical deterioration and disease in the future.

Medical inspections of children in schools

Free school meals for the poor

Training in mother craft

Committee on Physical Deterioration 1903



Taylor-Robinson et al BMJ 2013;347:f7157

## 200

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The Ashes: England gamble on Monty's spin

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## Food poverty a 'public health emergency'



- Doctors urge ministers to act immediately on child malnutrition
- Government has suppressed its own report on food crisis, experts claim
- 63,000 sign petition on food banks

PS



New fostering laws to keep children in family



Muslim radicals to be banned from mosques



Must do better: UK falls behind world rivals in education



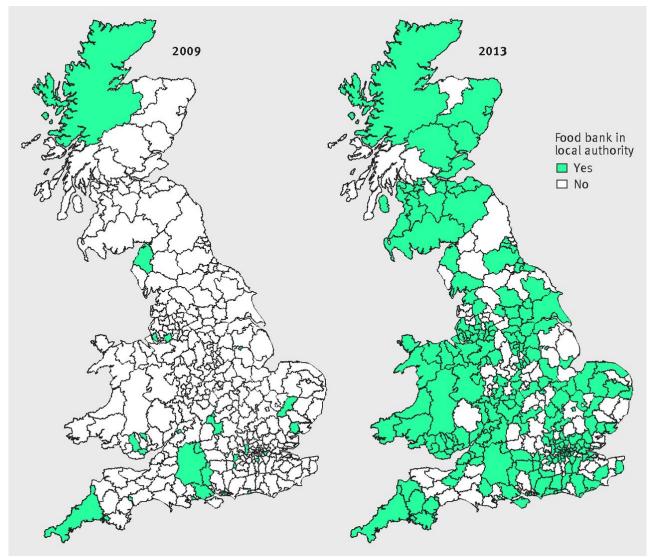
Life > Health & Families > Health News

#### Chief Medical Officer 'ashamed' as rickets makes a comeback



40 per cent of English children have some kind of vitamin D deficiency

## Trussell Trust food banks in local authorities in England, Scotland, and Wales in 2009 and 2013.



Rachel Loopstra et al. BMJ 2015;350:bmj.h1775



- INEQUALITIES ARE LARGE
- THIS IS UNFAIR AND COSTLY
- INEQUALITIES START EARLY
- SUPPORT EARLY IN LIFE IS A CHEAP AND POWERFUL SOLUTION, LOTS OF CHILDREN CAN BENEFIT
- WE FACE MAJOR THREATS
- WHAT NEEDS TO BE DONE

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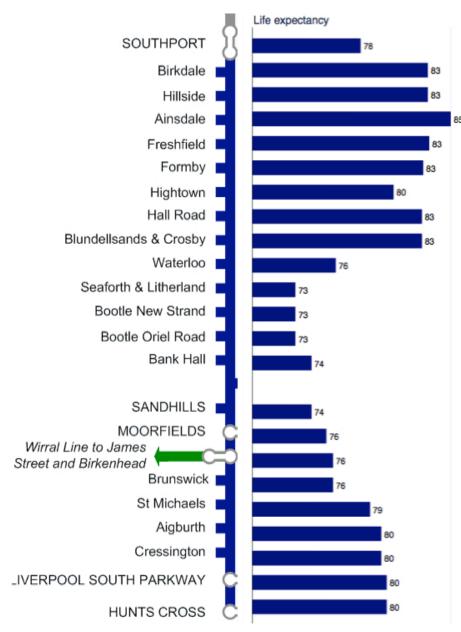


## Worse child health in North

	North	South
Health outcomes		
Infant mortality rate (per 1000 births)	4.7	4
Low birthweight (%)	7.6	7.1
Children killed or seriously injured in road traffic accidents (0-15 yrs, per 1000 population)	29.9	17.3
Hospital admissions		
A&E attendances (age 0-4 years - crude rate per 1000)	542.3	496.1
Hospital admissions due to injury (age under 18 years - crude rate per 10,000)	150.1	107.8
Hospital admissions for asthma (age under 19 years - crude rate per 100,000)	242.3	174.1
Hospital admissions as a result of self-harm (0-17, crude rate per 100,000)	142.7	99.0
Hospital admissions due to alcohol specific conditions<18 (crude rate per 100,000)	81	45.9
Maternal and family indicators		
Teenage mothers (age under 18 years -%)	1.8	1
Education and training		
GCSEs achieved (5 A*-C inc. Eng and maths) - %	58.3	60.2
Not in education, employment or training (age 16-18 years) - %	6.7	5.2

Source: Data produced by ChiMat, based on the latest available data

## 20 minutes on Merseyrail

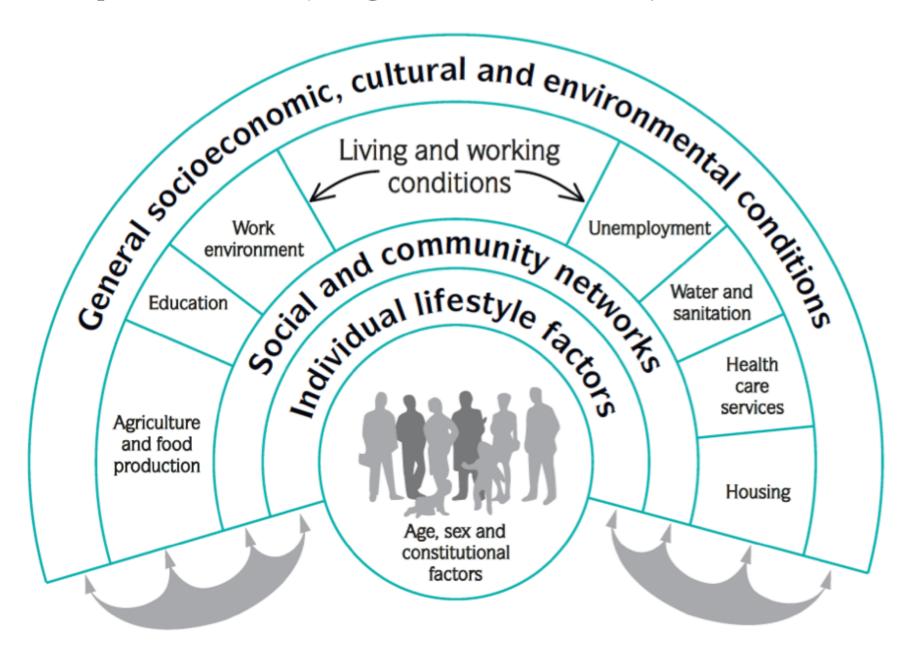




....10 fewer years of life

Figure 4: The main influences on health

Used with permission source (Dahlgren and Whitehead, 2007)



#### Differences in:

- Poverty, power and resources needed for health
- Exposure to health damaging environments
- Opportunities to enjoy positive health factors and protective conditions, especially the conditions that give children the best possible start in life

## Proportion of children in poverty

North East	23.7%
North West	22.1%
Yorkshire and Humber	21.1%
South East	14.6%
South West	15.6%

http://www.hmrc.gov.uk/statistics/child-povertystats.htm (Accessed 31 March 2014)

#### Review

## Poverty and child health in the UK: using evidence for action



Sophie Wickham<sup>1</sup>, Elspeth Anwar<sup>1</sup>, Ben Barr<sup>1</sup>, Catherine Law<sup>2</sup>, David Taylor-Robinson<sup>1,2</sup>

+ Author Affiliations

#### Correspondence to

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Received 22 December 2015
Revised 6 January 2016
Accepted 7 January 2016
Published Online First 8 February 2016

#### Abstract

There are currently high levels of child poverty in the UK, and for the first time in almost two decades child poverty has started to rise in absolute terms. Child poverty is associated with a wide range of health-damaging impacts, negative educational outcomes and adverse long-term social and psychological outcomes. The poor health associated with child poverty limits children's potential and development, leading to poor health and life chances in adulthood. This article outlines some key definitions with regard to child poverty, reviews the links between child poverty and a range of health, developmental, behavioural and social outcomes for children, describes gaps in the evidence base and provides an overview of current policies relevant to child poverty in the UK. Finally, the article outlines how child health professionals can take action by (1) supporting policies to reduce child poverty, (2) providing services that reduce the health consequences of child poverty and (3) measuring and understanding the problem and assessing the impact of action.

#### **Original Investigation**

## Association of Child Poverty, Brain Development, and Academic Achievement

Nicole L. Hair, PhD; Jamie L. Hanson, PhD; Barbara L. Wolfe, PhD; Seth D. Pollak, PhD

conclusions and Relevance The influence of poverty on children's learning and achievement is mediated by structural brain development. To avoid long-term costs of impaired academic functioning, households below 150% of the federal poverty level should be targeted for additional resources aimed at remediating early childhood environments.

## **JAMA Pediatrics**

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Original Investigation | December 2013

## The Effects of Poverty on Childhood Brain Development

#### The Mediating Effect of Caregiving and Stressful Life Events

FREE

Joan Luby, MD<sup>1</sup>; Andy Belden, PhD<sup>1</sup>; Kelly Botteron, MD<sup>1,2</sup>; Natasha Marrus, MD, PhD<sup>1</sup>; Michael P. Harms, PhD<sup>1</sup>; Casey Babb, BA<sup>1</sup>; Tomoyuki Nishino, MS<sup>1</sup>; Deanna Barch, PhD<sup>1,2,3,4</sup>

[+] Author Affiliations

JAMA Pediatr. 2013;167(12):1135-1142. doi:10.1001/jamapediatrics.2013.3139.

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October 2015, Vol 169, No. 10 >

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Original Investigation | October 2015

### Effect of Early Adversity and Childhood Internalizing Symptoms on Brain Structure in Young Men

Sarah K. G. Jensen, MSc<sup>1</sup>; Erin W. Dickie, PhD<sup>2</sup>; Deborah H. Schwartz, MA<sup>2</sup>; C. John Evans, PhD<sup>3</sup>; Iroise Dumontheil, PhD<sup>4</sup>; Tomáš Paus, MD, PhD<sup>2</sup>; Edward D. Barker, PhD<sup>1</sup>

[+] Author Affiliations

JAMA Pediatr. 2015;169(10):938-946. doi:10.1001/jamapediatrics.2015.1486.

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## **JAMA Pediatrics**

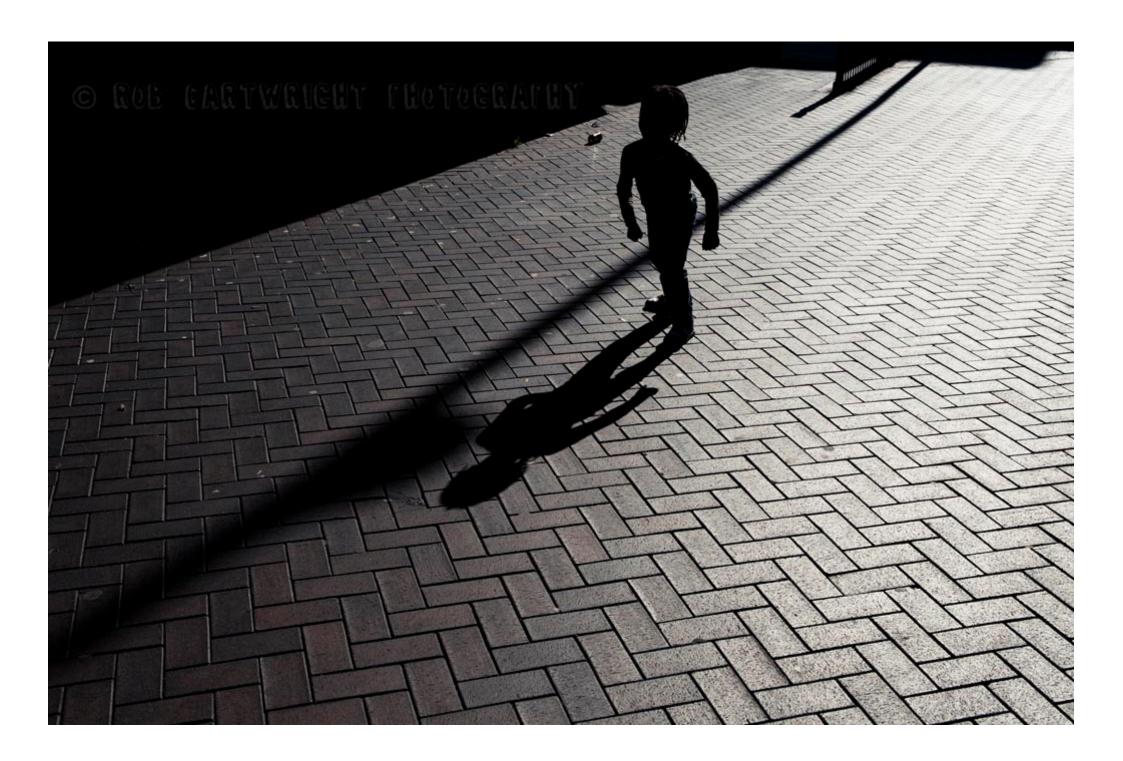


There is perhaps nothing more important that a society must do than foster and protect the brain development of our children

This unassailable body of evidence taken as whole is now actionable for public policy

Text Size: A

JAMA Pediatr. 2015;169(9):810-811. doi:10.1001/jamapediatrics.2015.1682.



#### Childhood Socioeconomic Circumstances and Cause-specific Mortality in Adulthood: Systematic Review and Interpretation

#### Bruna Galobardes<sup>1</sup>, John W. Lynch<sup>2</sup>, and George Davey Smith<sup>1</sup>

- Department of Social Medicine, University of Bristol, Bristol, United Kingdom.
- <sup>2</sup> Department of Epidemiology and Center for Social Epidemiology and Population Health, University of Michigan School of Public Health, Ann Arbor, MI.

Received for publication December 22, 2003; accepted for publication February 5, 2004.

Abbreviations: CI, confidence interval; OR, odds ratio.

GALOBARDES, B., LYNCH, J. W. & DAVEY SMITH, G. 2004. Childhood socioeconomic circumstances and cause-specific mortality in adulthood: systematic review and interpretation. *Epidemiol Rev*, 26, 7-21.

GALOBARDES, B., LYNCH, J. W. & SMITH, G. D. 2008. Is the association between childhood socioeconomic circumstances and cause-specific mortality established? Update of a systematic review. *J Epidemiol Community Health*, 62, 387-90.

### 29 longitudinal studies

Children from less advantaged backgrounds had a higher risk of death in adulthood across almost all conditions studied

Mortality from stomach cancer, lung cancer haemorrhagic stroke, coronary heart disease, and respiratory-related deaths, accidents and alcohol-related causes of death

## The Telegraph



HOME » NEWS » POLITICS

## Worse than Rwanda: life prospects in Britain's poorest areas

The 18-year gap in active lifespan between richest and poorest in modern Britain





Healthy life expectancy in poorest areas 18 years behind the richest neighbourhoods

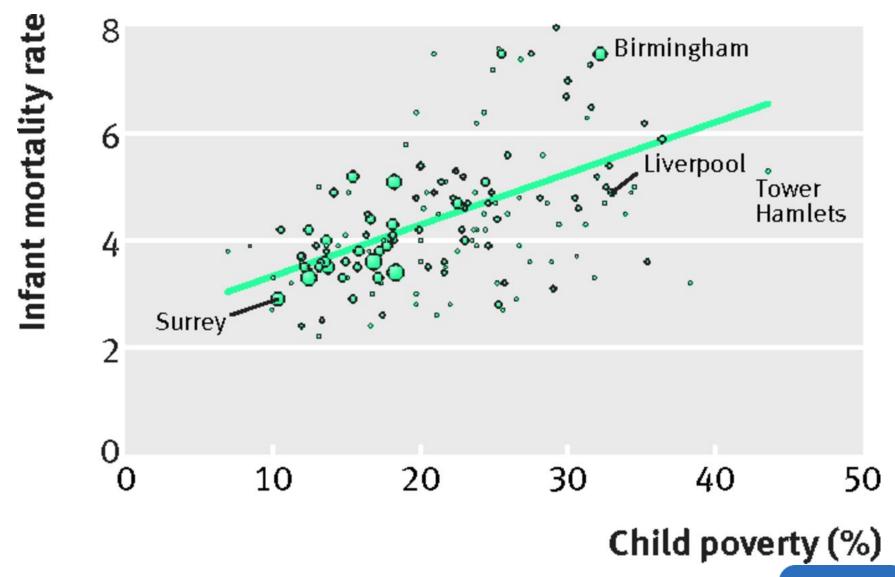


## FIVE YEAR FORWARD VIEW

Simon Stevens, chief executive of NHS England, said the economic prosperity of Britain, the health of millions of children and the sustainability of the NHS depended on 'a radical upgrade in prevention and public health'....

- INEQUALITIES ARE LARGE
- THIS IS UNFAIR AND COSTLY
- INEQUALITIES STARTS EARLY
- SUPPORT EARLY IN LIFE IS A CHEAP AND POWERFUL SOLUTION, LOTS OF CHILDREN CAN BENEFIT
- WE FACE MAJOR THREATS
- WE ALREADY HAVE A ROAD MAP let's use it!

Infant mortality rate by relative child poverty (<60% median) for local authorities in England.



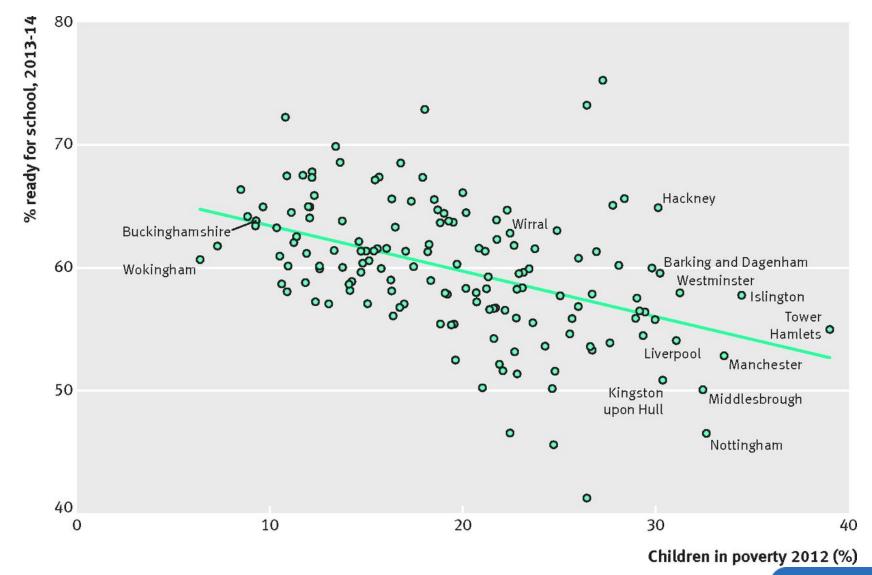
thebmj

David Taylor-Robinson et al. BMJ 2015;351:bmj.h3959

"Underpinning the entire Series, however, is the universal message that child deaths must be examined within the context they occur. Relative poverty is highlighted as the most important social determinant for child deaths in high-income countries"

Lancet 2014

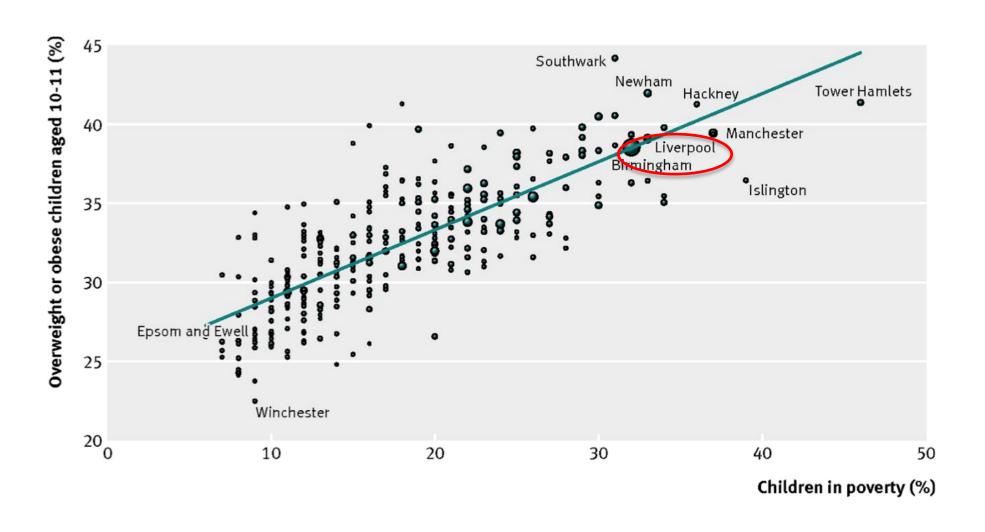
## Percentage of children assessed as ready for school at age 5 (good level of development at end of early years foundation stage) compared with levels of child poverty in English authorities



thebm

David Taylor-Robinson et al. BMJ 2015;351:bmj.h5330

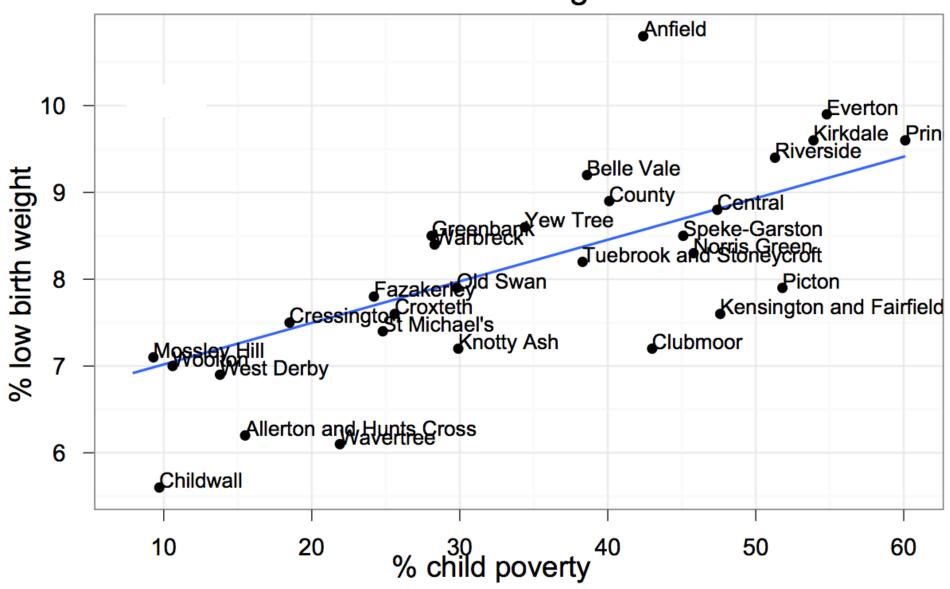
## Percentage of overweight or obese children aged 10-11 years by percentage of children in poverty in English councils, 2012.



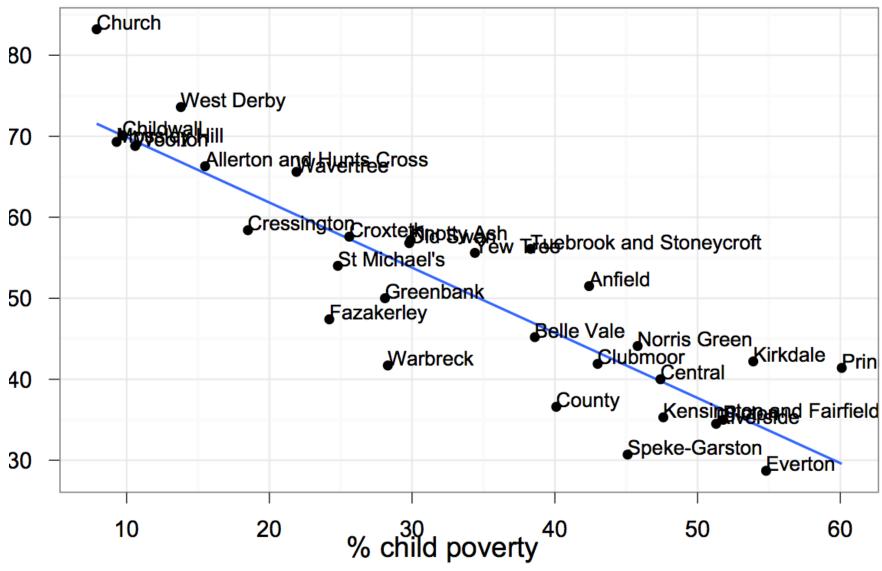
Taylor-Robinson D C et al. BMJ 2014;348:bmj.g2712



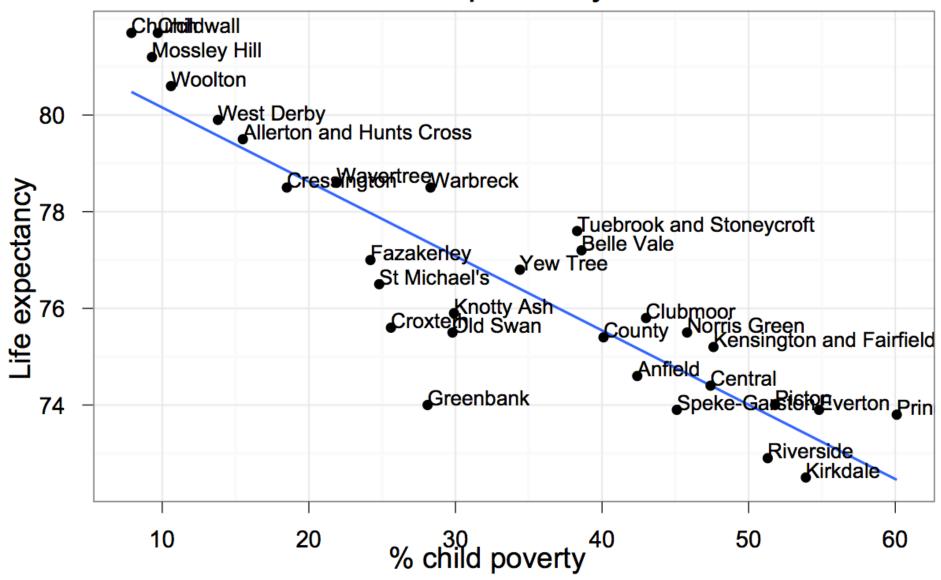
#### Low birth weight



#### GCSE success



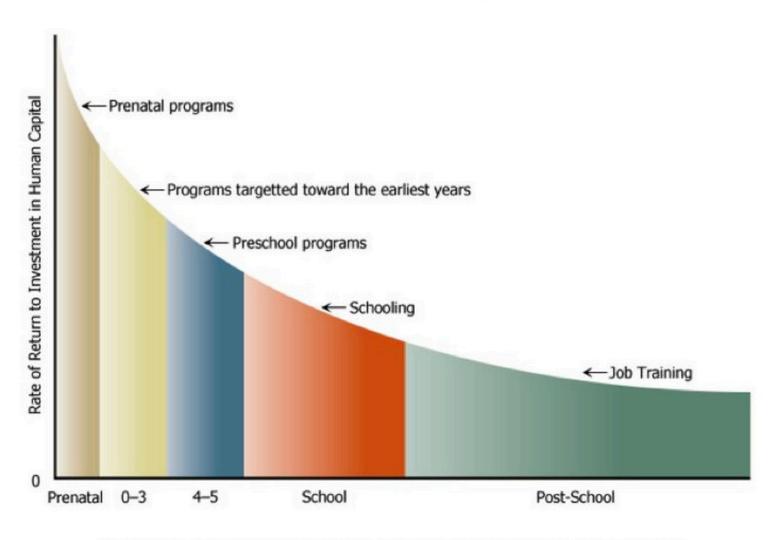
#### Life expectancy



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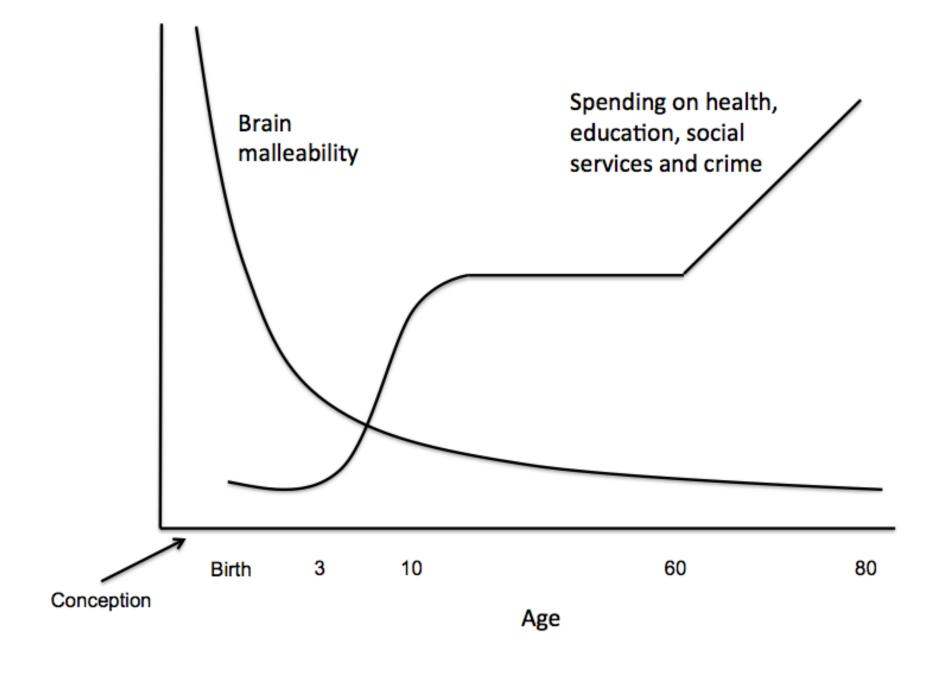
## Early childhood development is a smart investment

The earlier the investment, the greater the return

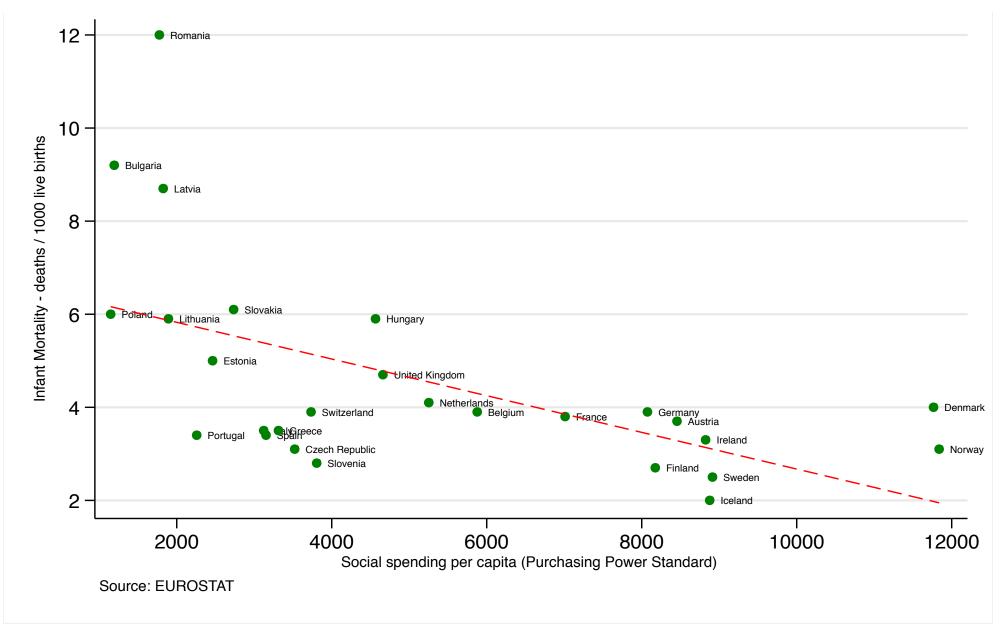


Source: James Heckman, Nobel laureate in economics

#### Mismatch between spending and brain development



# Social spending on children is associated with improved population health





REPORT BY THE COMPTROLLER AND AUDITOR GENERAL

HC 683 SESSION 2012-13

31 JANUARY 2013

Cross-government

## Early action: landscape review

## **Key facts**

## £12bn

estimated spend on early action interventions in health and social policy, 2011-12

## £377bn

estimated social spending, including benefits and pensions, 2011-12





# Prevalence of health damaging risk factors in English children

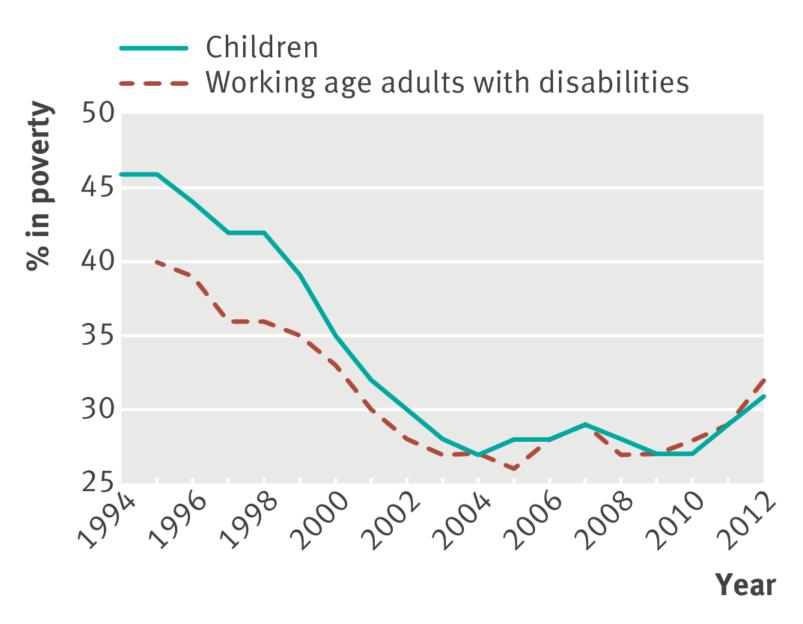
Risk factor	Prevalence
Parental depression	19.40%
Parental physical Disability	15.00%
Parental Substance Misuse	11.70%
Patents at risk of alcoholism	12.30%
Domestic Violence	4.00%
Financial stress	7.70%
Worklessness	5.50%
Teenage Parenthood	11.10%
Parents lack of basic Skills	3.60%
Overcrowding	9.40%

# Prevalence of health damaging risk factors in English children

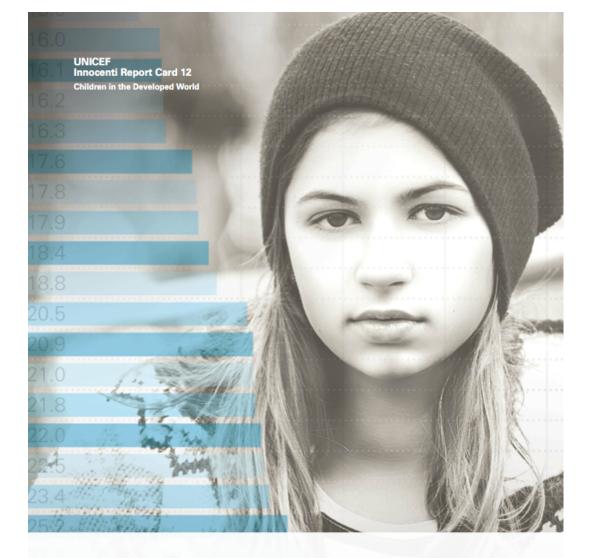
Number of risks in table above	% of families	Number of children in England
1	60	341,321
2	28	162,648
3	12	70,418
4	5	28,281
5	1.7	9,743
6	0.6	3,194
7	0.1	795

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### Gains of the past are being undone



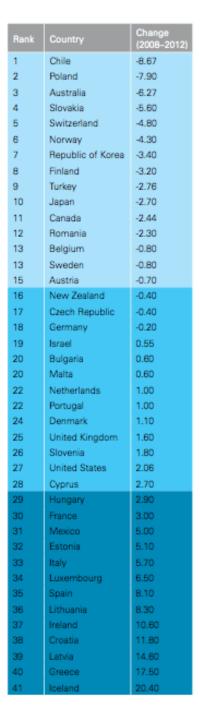
Taylor-Robinson D, Whitehead M, Barr B. BMJ 2015

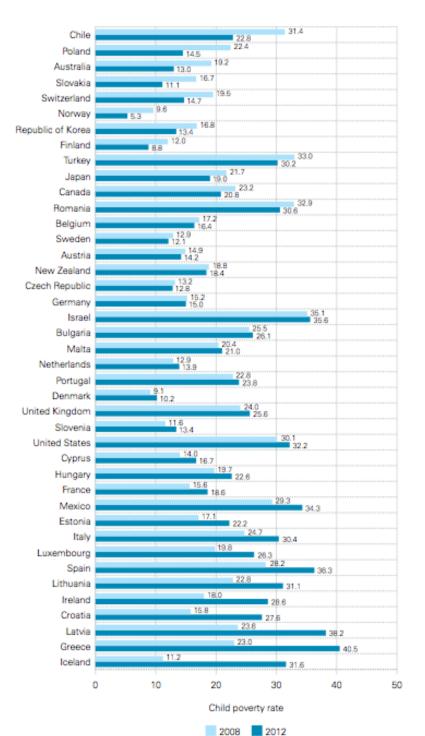


#### Children of the Recession

The impact of the economic crisis on child well-being in rich countries







"A Great Leap Backward"

Child poverty up by 2.6m in rich world UNICEF 2014



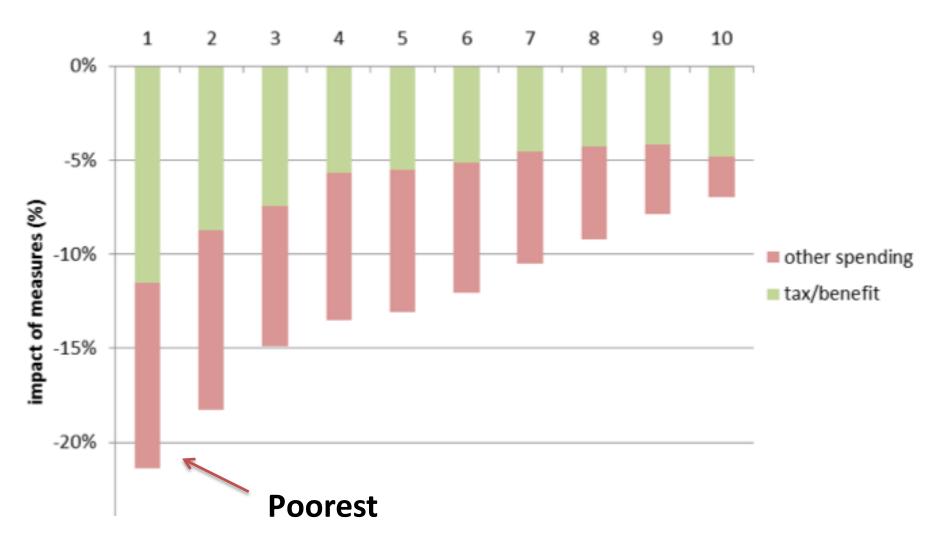
Families in an Age of Austerity: January 2012

# The Impact of Austerity Measures on Households with Children

Analysis by James Browne, Institute for Fiscal Studies

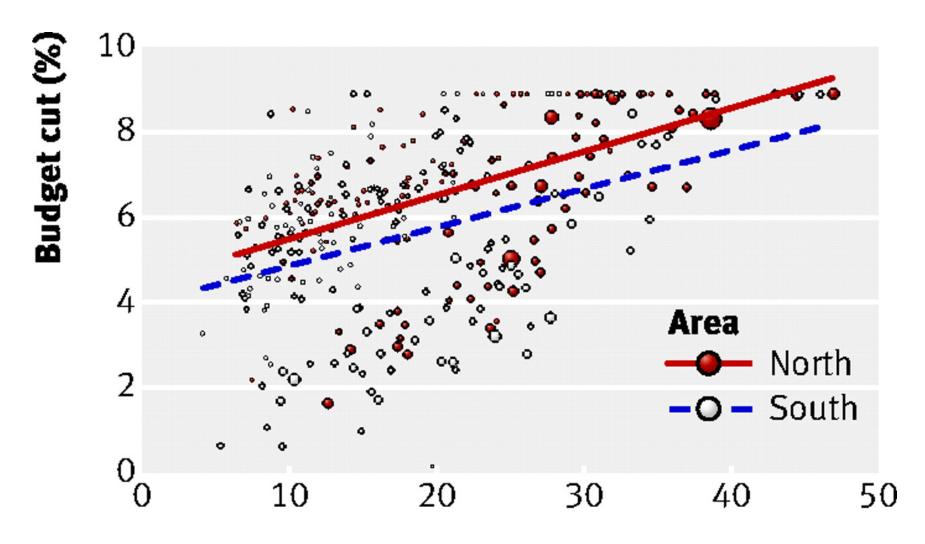
Building a family friendly society

Combined impact of tax/benefit measures and other spending measures expressed as a percentage of net income: by income decile, all families with children



Office of the Children's Commissioner: Child Rights Impact Assessment of Budget Decisions June 2013 http://www.childrenscommissioner.gov.uk/content/publications/content\_676

Cut in local authority budget by average deprivation score in north and south of England.

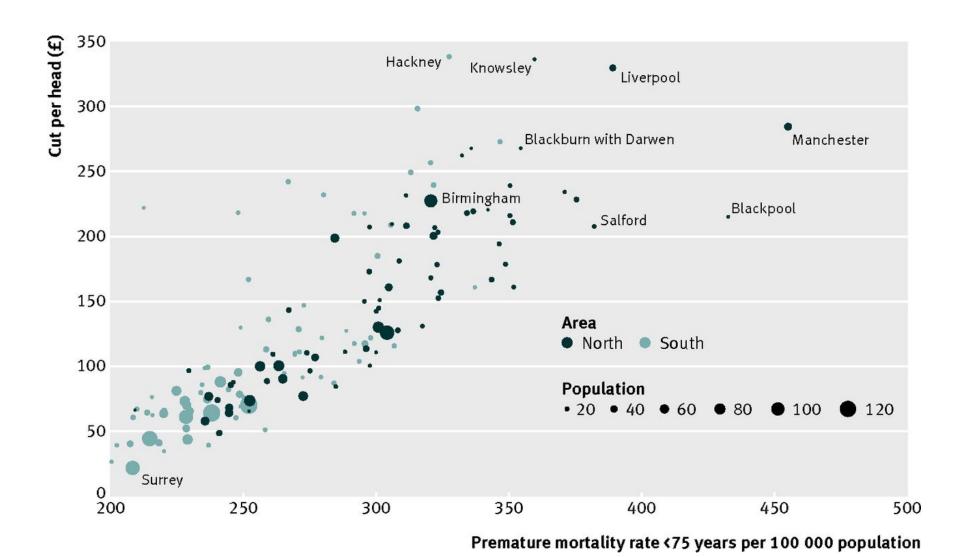


**Average deprivation score** 

Taylor-Robinson D, Gosling R BMJ 2011;342:bmj.d1487



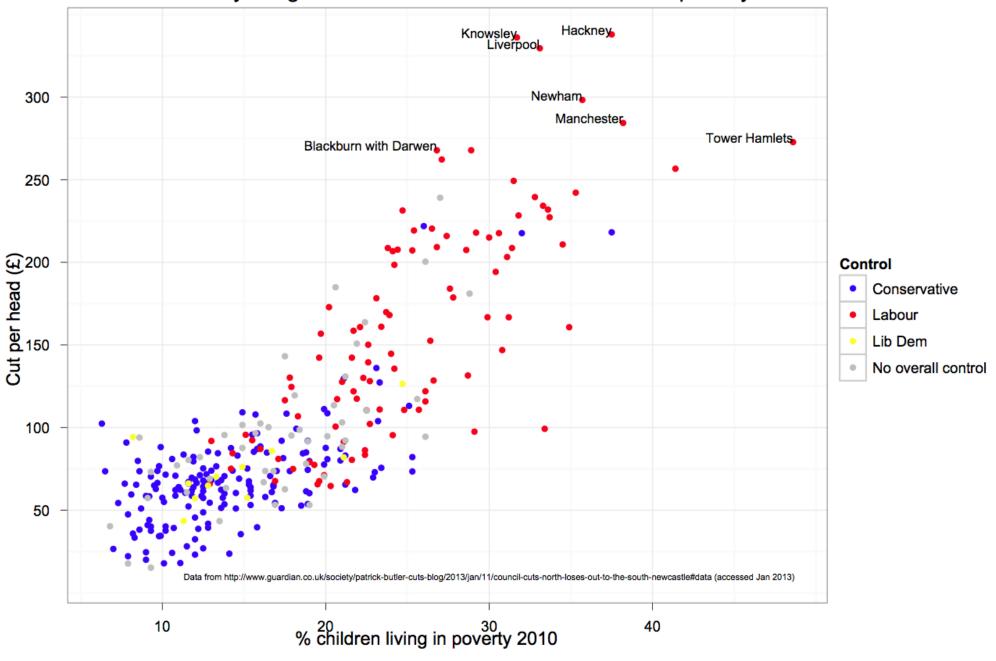
#### Local authority budget cut 2010-11 to 2014-15 versus premature mortality.



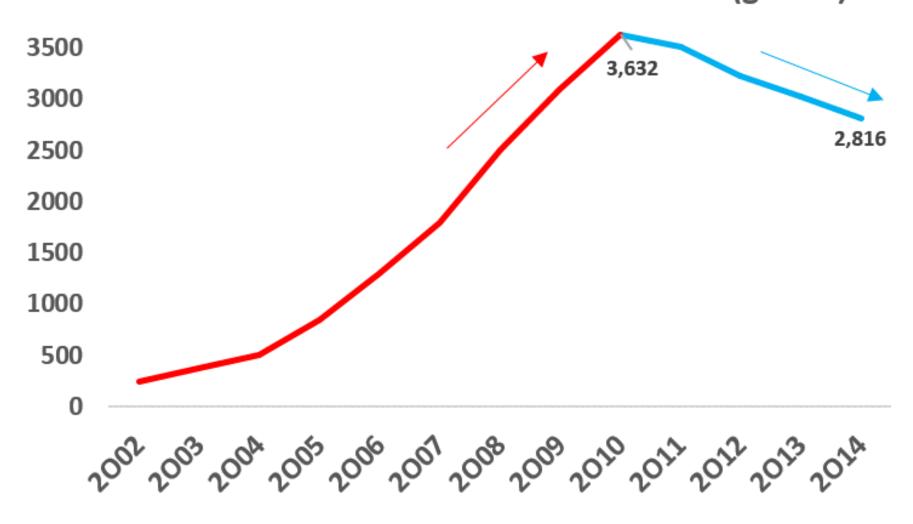
Taylor-Robinson D et al. BMJ 2013;347:bmj.f4208



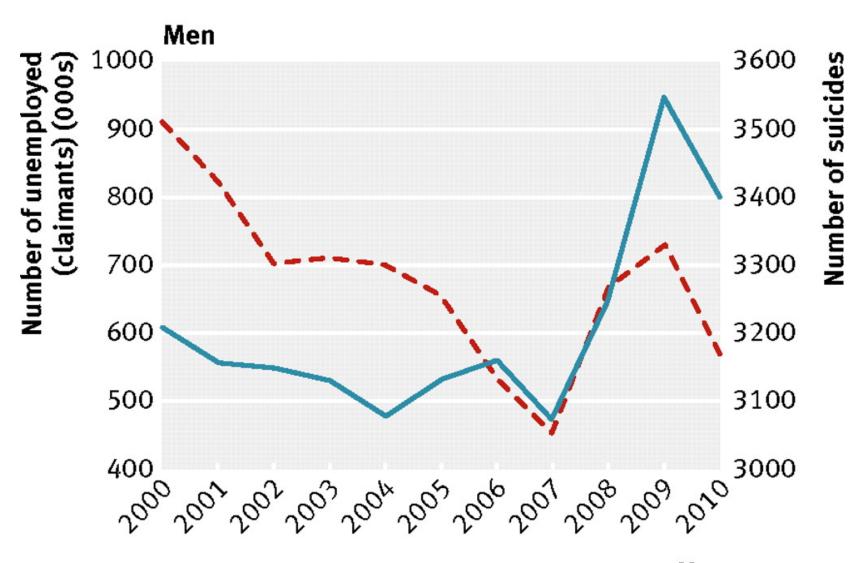
#### Local authority budget cut 2010-11 to 2014-15 versus child poverty



#### Number of Children's Sure Start Centres (gov.uk)



#### Suicides and unemployment claimants in England, 2000-10



Year BN

## A&Es hit by children's mental health crisis

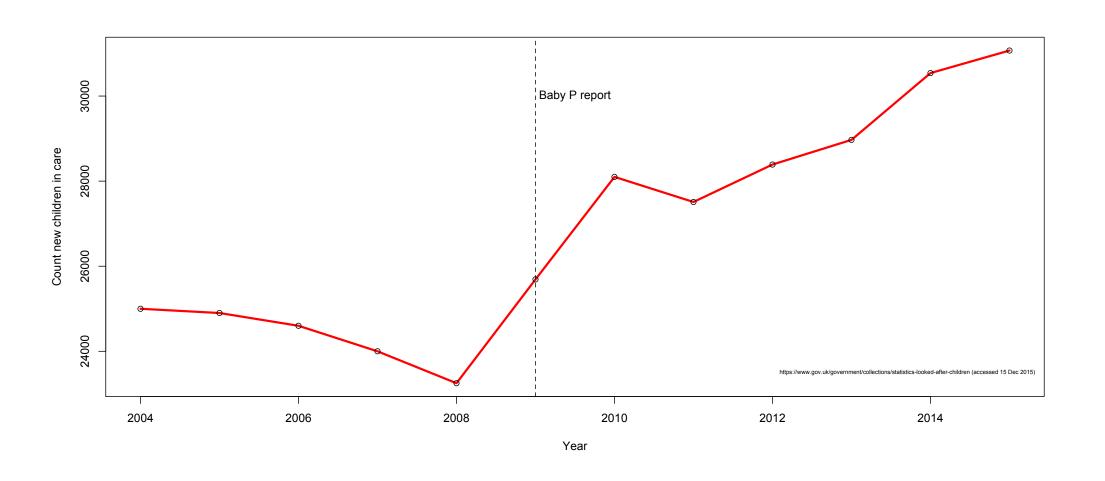
Troubled children add to NHS burden as concern grows over lack of out-of-hours care



■ Lack of out-of-hours care means children are being advised to go to A&E after 5pm. Photograph: Ik Aldama/Demotix/Corbis

The dire state of care for children with mental illnesses is revealed today, as figures show the numbers arriving at A&E departments with psychiatric conditions has risen to nearly 20,000 a year -more than double the number four years ago.

### Looked after children



## Impact of the 2008 Economic and Financial Crisis on Child Health: A Systematic Review

Luis Rajmil <sup>1,2,3</sup>\*\*, María-José Fernandez de Sanmamed <sup>4</sup>, Imti Choonara <sup>5</sup>, Tomas Faresjö <sup>6</sup>, Anders Hjern <sup>7</sup>, Anita L. Kozyrskyj <sup>8</sup>, Patricia J. Lucas <sup>9</sup>, Hein Raat <sup>10</sup>, Louise Séguin <sup>11</sup>, Nick Spencer <sup>12</sup> and David Taylor-Robinson <sup>13</sup> on Behalf of the International Network for Research in Inequalities in Child Health (INRICH)

<sup>&</sup>quot;Most studies suggest that the economic crisis has harmed children's health, and disproportionately affected the most vulnerable groups"



#### Child poverty definition to be changed

( 1 July 2015 UK Politics



Work and Pensions Secretary lain Duncan Smith has announced a new way of measuring child poverty.





the Impact of the Welfare Reform and Work Bill 2015-16





All-Party
Parliamentary Group
on Health in All
Policies

#### THE LANCET



The UK Government has an ambitious plan to reduce deficits in the UK's economy. However, this quest for recovery might be at the expense of the poorest and most vulnerable groups in society. Last week, the UK All-Party Parliamentary Group (APPG) on Health in All Policies released the findings from their inquiry into the effects of the proposed Welfare Reform and Work Bill 2015–16 on child poverty and child health. The Bill sets out several changes to the UK welfare system, including reducing the benefit cap, freezing some benefits for 4 years, and restricting the amount of support provided by child tax credits—changes that will hit the poorest people the hardest. The Bill will also repeal most of the UK Child Poverty Act 2010, which set out to eradicate child poverty by 2020; in fact, the Bill has removed all child poverty reduction targets.

The APPG's findings showed that increased levels of child poverty directly worsen children's social, emotional, and cognitive outcomes, and the risk of infant mortality. Asthma, obesity, smoking, teenage pregnancy, and mental health disorders such as self-harm are also more prevalent in children from less affluent families.

#### House of Lords votes to keep incomerelated child poverty measures

Conservatives announced plans to abolish current system of targets, but amendment by bishop of Durham passes by by 290 votes to 198



Child poverty charities reacted angrily when Iain Duncan Smith unveiled his plans in July. Photograph: Christopher Furlong/Getty Images

#### Rowena Mason Political correspondent

Monday 25 January 2016 18.46 GMT















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Mews UK News poverty

#### lain Duncan Smith forced into u-turn on publishing child poverty statistics



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Adam Johnson's wild parties with model days before his child sex case



UK weather: Britain wakes up to FOUR INCHES of snow sparking school closures and travel chaos

#### **Poverty**

#### U-turn by government over changes to measurements of child poverty

Amendment to welfare bill means four indicators of child poverty including household income will be kept

Patrick Butler Social policy editor

Friday 26 February 2016 20.09 GMT













Save for later



🗖 The Child Poverty Action Group said: 'Child poverty must be prioritised'. Photograph: Christopher Thomond for the Guardian

The government has been forced into retreat after agreeing that it should continue to report lack of money as a measure of child poverty.

Ministers wanted to remove a statutory duty to publish levels of UK household income as part of the welfare reform and work bill but have now accepted, after a battle with the House of Lords, that the material deprivation measures should remain protected.

The government suffered a defeat in the Lords in January after peers pushed through an amendment forcing the government to retain four established indicators, including income, which use official statistics to track and monitor relative and absolute poverty.

These policies represent a collective failure to protect the rights of children



#### SUNDAY, 12 JUNE

#### HEALTH | SCIENCE & TECHNO

University of Liverpool > News > EU Ref: Not seen, not heard - the implications of Brexit for children

PUBLISHED: MAY 27, 2016 LEAVE A COMMENT | SHARE

## EU Ref: Not seen, not heard – the implications of Brexit for children



<u>Professor Helen Stalford</u> is Director of the University of Liverpool's <u>European</u> Children's Rights Unit, part of Liverpool Law School.

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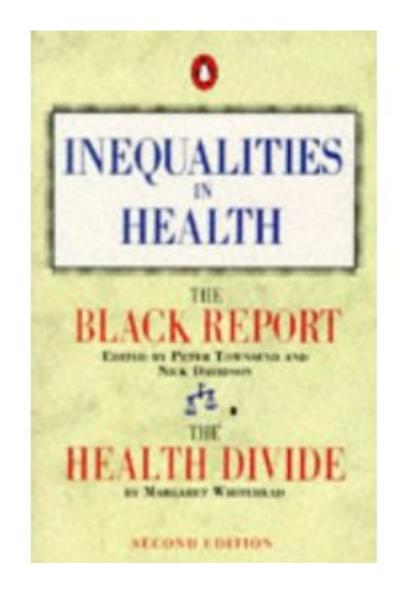
#### **INEQUALITIES IN HEALTH**

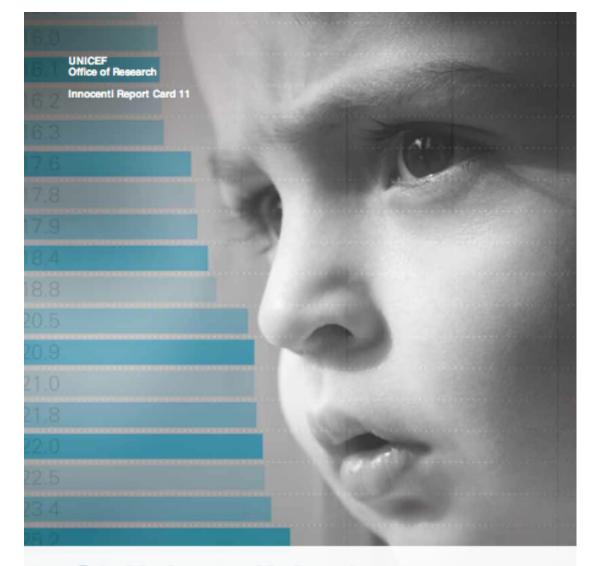
REPORT OF A RESEARCH WORKING GROUP

DHSS

1980

PRICE: £8





### Child well-being in rich countries A comparative overview

unite for children







## Closing the gap in a generation

Health equity through action on the social determinants of health



http://www.who.int/social\_determinants/thecommission/finalreport/en/index.html (accessed 17th April 2009)

#### Doing Better for Children





### The Munro Review of Child Protection:

**Final Report** 

A child-centred system

Professor Eileen Munro



### The Foundation Years: preventing poor children becoming poor adults

The report of the Independent Review on Poverty and Life Chances

Frank Field

#### The Early Years: Foundations for life, health and learning

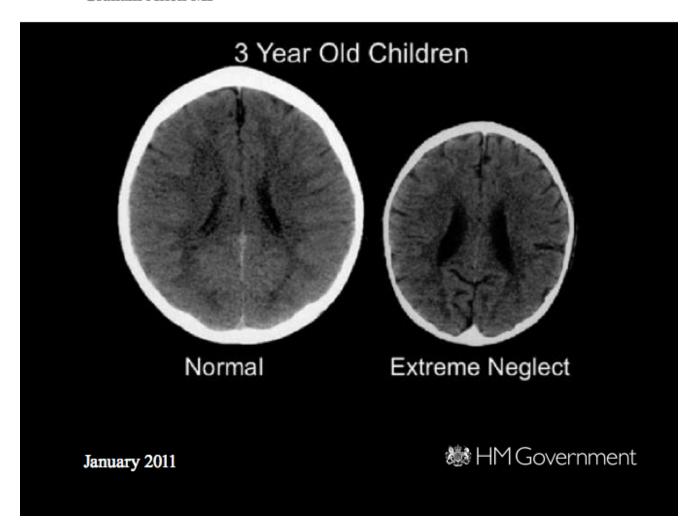
An Independent Report on the Early Years Foundation Stage to Her Majesty's Government

#### **Dame Clare Tickell**



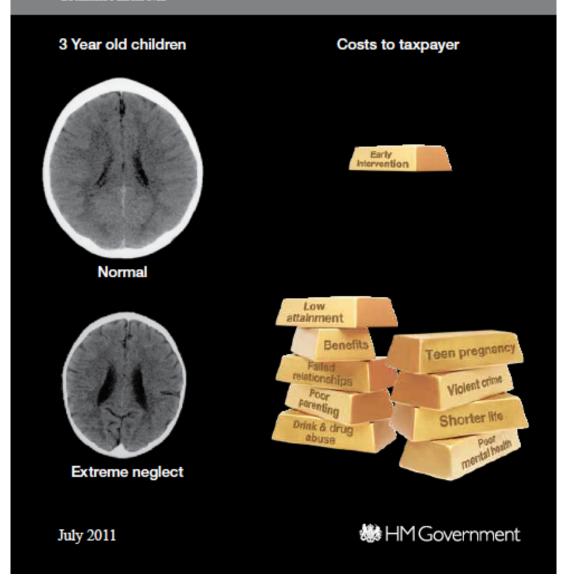
### Early Intervention: The Next Steps

An Independent Report to Her Majesty's Government Graham Allen MP



#### Early Intervention: Smart Investment, Massive Savings

The Second Independent Report to Her Majesty's Government Graham Allen MP



Annual Report of the Chief Medical Officer 2012

Our Children Deserve Better: Prevention Pays



#### LIVERPOOL CITY REGION

Halton - Knowsley - Liverpool - Sefton - St. Helens - Wirral





Child Poverty and Life Chances Strategy 2011-2014







#### **Backing the Future:**

why investing in children is good for us all



**Ipsos MORI**Social Research Institute



In partnership with Dr Agnes Nairn

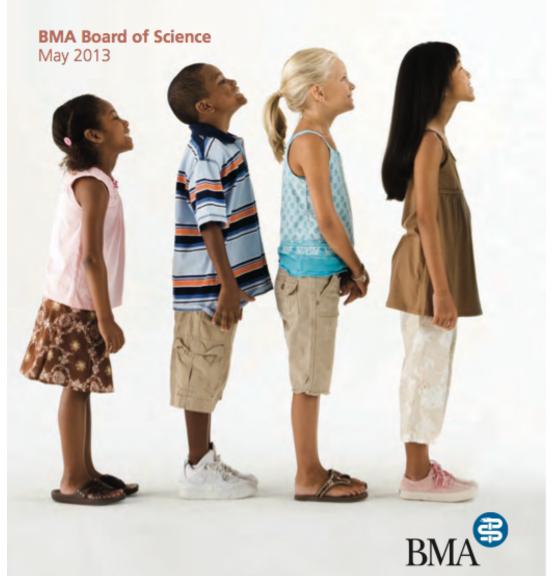
Children's Well-being in UK, Sweden and Spain: The Role of Inequality and Materialism

A Qualitative Study

June 2011

### GROWING UP IN THE UK ENSURING A HEALTHY FUT

**ENSURING A HEALTHY FUTURE** FOR OUR CHILDREN



#### community links









The first report of the Early Action Task Force

#### The Triple Dividend

Thriving lives. Costing less. Contributing more.







The second report of the Early Action Task Force

## 1 he Decina

**Prevent today, or pay tomorrow** 



#### The 1001 Critical Days

The Importance of the Conception to Age Two Period

### "IF YOU COULD DO ONE THING..."

Nine local actions to reduce health inequalities





#### An Equal Start: Improving outcomes in Children's Centres

**UCL Institute of Health Equity** 



### Joining the dots

A better start for Scotland's children

AN INDEPENDENT REPORT BY PROFESSOR SUSAN DEACON











### Understanding the parental employment scenarios necessary to meet the 2020 Child Poverty Targets

#### Research report

June 2014

**Howard Reed and Jonathan Portes** 

**Landman Economics** 

National Institute for Economic and Social Research

Social Mobility and Child Poverty Commission Sanctuary Buildings 20 Great Smith Street London SW1P 3BT contact@smcpcommission.gov.uk



#### Our priorities for 2013/14



Priority 4: Supporting families to give children and young people the best start in life

#### Major focus on child health

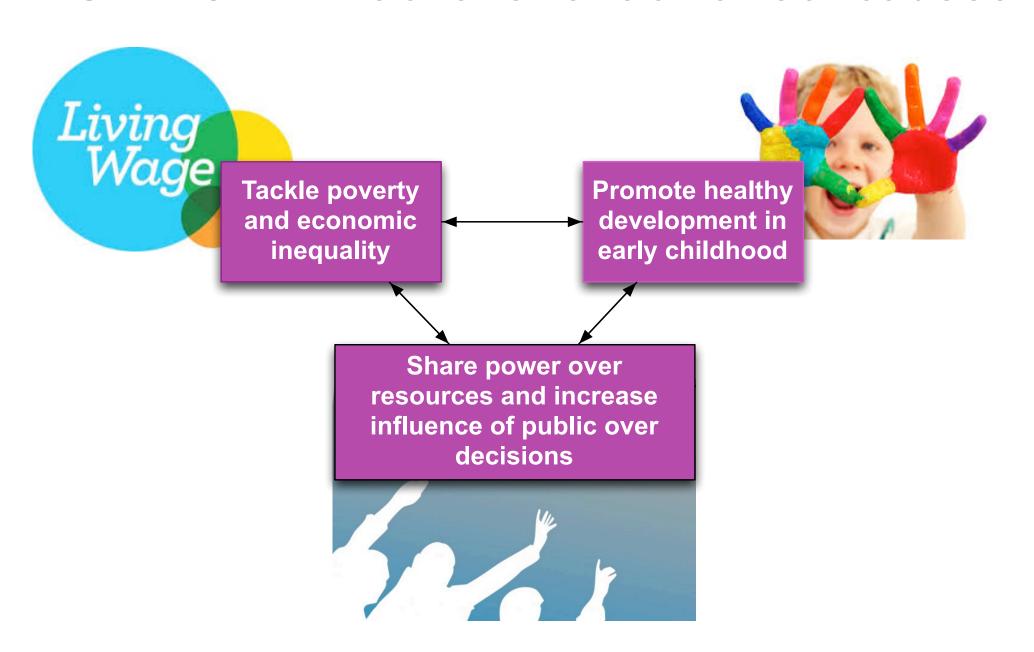
"Central to the Review is a life course." perspective. Disadvantage starts before birth and accumulates throughout life. Action to reduce health inequalities must start before birth and be followed through the life of the child. Only then can the close links between early disadvantage and poor outcomes throughout life be broken. That is our ambition for children born in 2010. For this reason, giving every child the best start in life (Policy Objective A) is our highest priority recommendation."



# DUE NORTH

Report of the Inquiry on Health Equity for the North

#### DUE NORTH: actions to tackle root causes

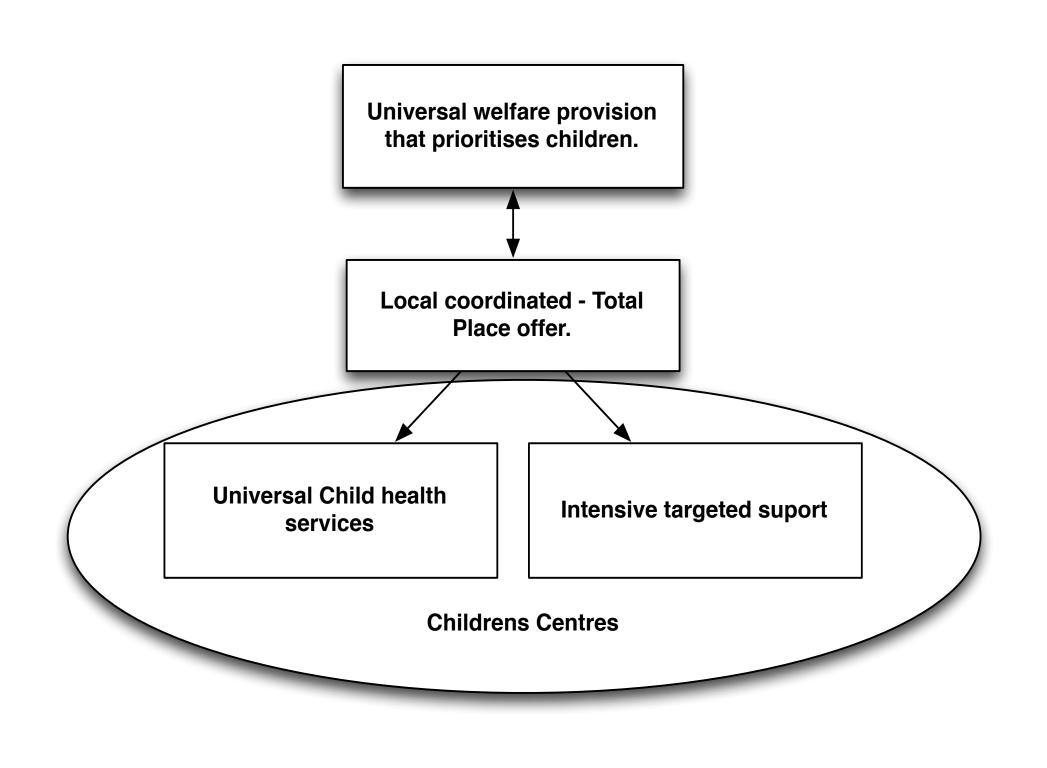


#### Two types of recommendations

What can agencies in the North do to help reduce health inequalities within the north and between the north and the rest of England?

What does central government need to do to reduce these inequalities?

Lessons for the whole country, not just the North



### Promote healthy development in early childhood

Monitor and increase proportion of overall expenditure allocated to giving every child a good start

Ensure access to good quality universal early years education and childcare

Maintain and protect universal integrated neighbourhood support for early child development, including Children's Centres.

Agencies in the North should work together to:

Develop and sign up to a charter to protect the rights of children to the best possible health.

#### UN convention on rights of child

Most widely-ratified international human rights treaty in history

It enshrines specific child rights in international law, defining universal principles and standards for the status and treatment of children worldwide

"The child will enjoy special protection and will have at its disposal opportunities and services, dispensed under the law and through other means, allowing physical, mental, moral, spiritual, and social development in a healthy and normal way, with liberty and dignity"



A child friendly city is the *embodiment of* the Convention on the Rights of the Child at the local level

...which in practice means that children's rights are reflected in policies, programmes and budgets.



#### **BUILDING CHILD FRIENDLY CITIES**A Framework for Action

For every child Health, Education, Equality, Protection ADVANCE HUMANITY



