



## A **Better Start** for Bradford's Children?

Kate Pickett, University of York <a href="mailto:kate.pickett@york.ac.uk">kate.pickett@york.ac.uk</a>

Philippa Bird, Bradford Institute for Health Research
Pippa.Bird@bthft.nhs.uk

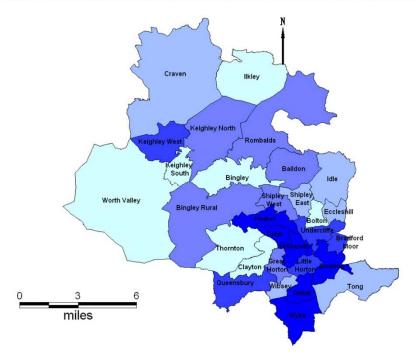
#### Overview

- Big Lottery funding for A Better Start
- Bradford and Born in Bradford
- Better Start projects and outcomes

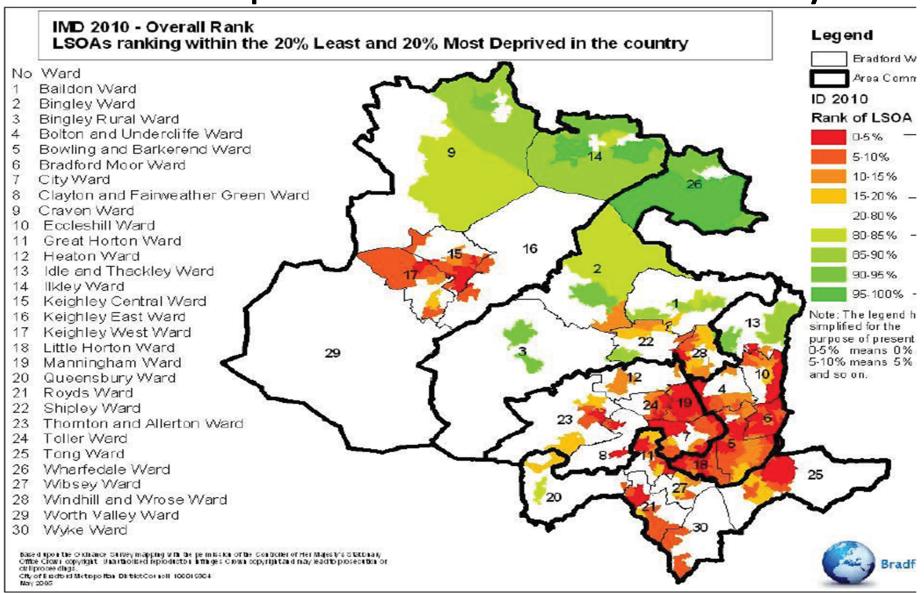
- The role of the Innovation Hub
- The Better Start Bradford cohort and TwiCs







# A third of the district live in the most deprived areas in the country





## 4 this year





Baseline Questionnaire (mother)

- Lifestyle
- Environment
- Medical (physical & mental health)
- Socio-economic
- Genetic
- Biological

Routinely collected data

- Health visitor/school nurse
- Hospital Admissions
- GP records
- Bradford Education

Full Sweep @ 8-10yrs

- Lifestyle
- Environmental
- Medical
- Socio-economic

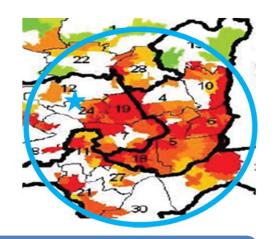
Lifestyles, obesity & activity

Asthma, Allergies, infection

Pollution & green space

Learning & behaviour

#### What is Better Start Bradford?



Big Lottery: £49 million over 10 years

Bradford Trident: Community led partnership

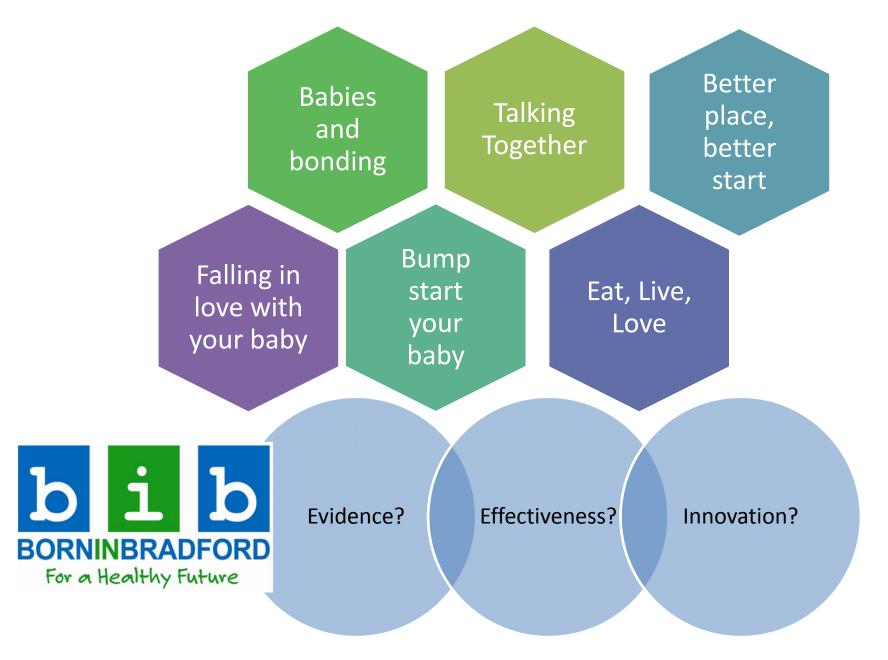
Pregnant mums, and 0-3 years

• Bowling and Barkerend (6), Bradford Moor (5), Little Horton (18)

Evidenced based interventions for key outcomes:

• Nutrition and obesity, language and communication, well-being

### Intervention themes





#### **Better Start Bradford Innovation Hub**

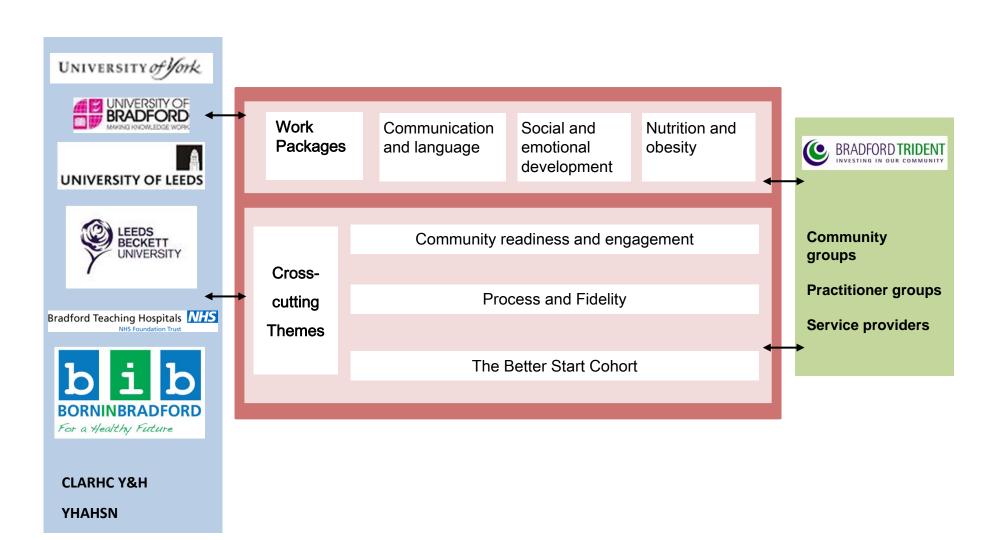
A new partnership between Better Start Bradford and Born in Bradford Starting April 2015

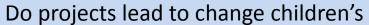
Measure and monitor the implementation of Better Start activities supporting learning and continuous improvement;

Facilitate feasible and effective evaluations of these activities; and

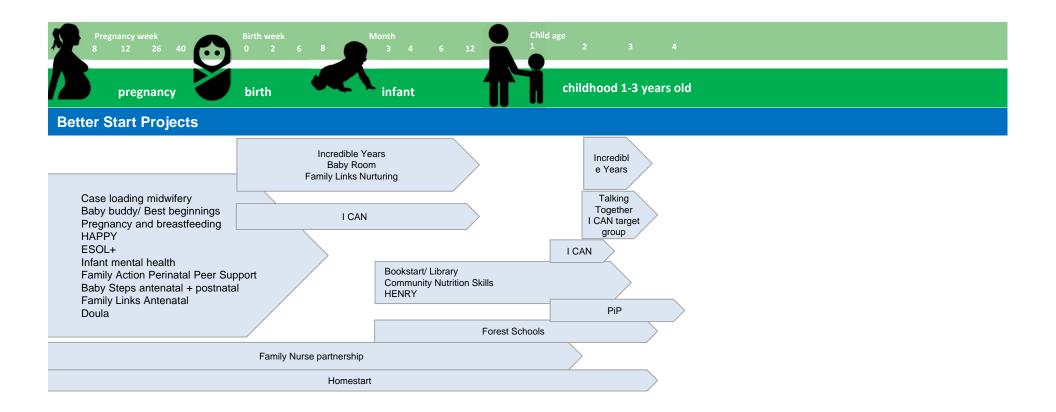
Promote the rapid translation of new knowledge into practice by dissemination and sharing across multiple agencies

### The Innovation Hub





- Socio-emotional development,
- Communication and language, and
- Nutrition and obesity?



#### The Better Start birth cohort

#### Sample:

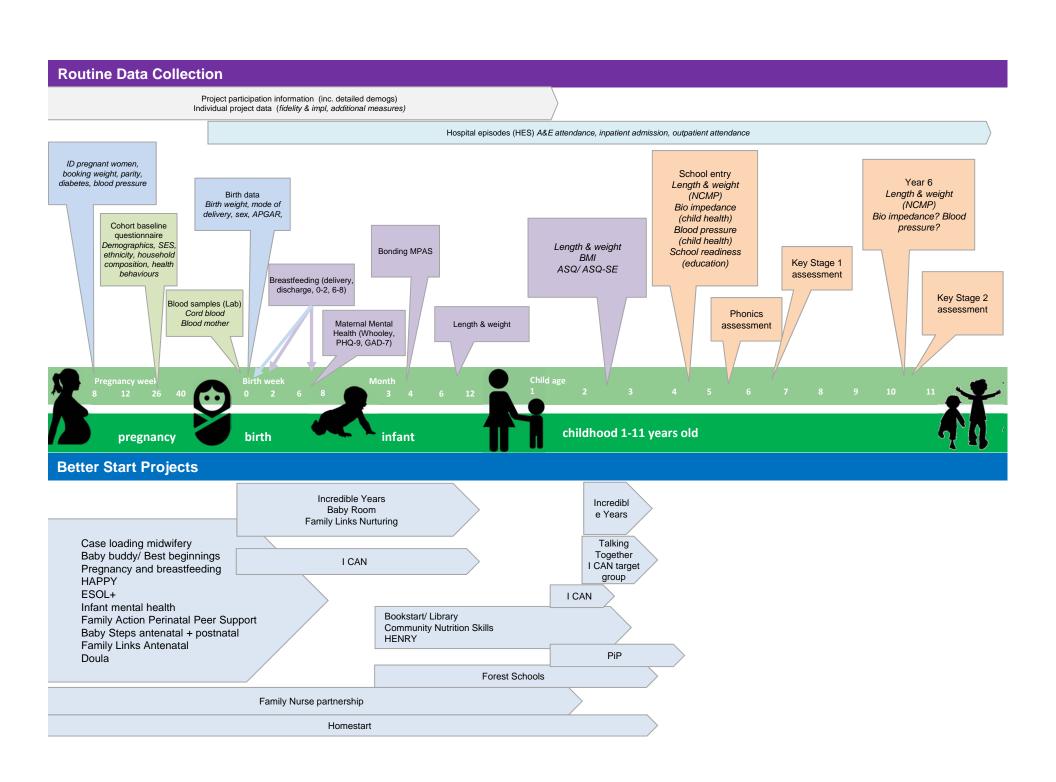
6000 babies over 5 years, mothers and partners

#### Recruitment:

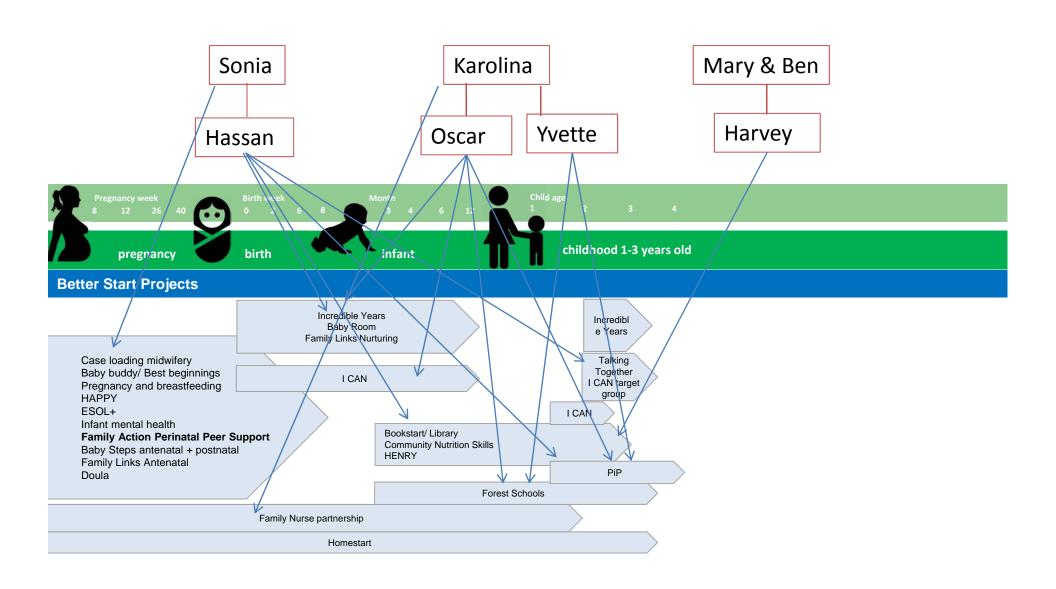
- Pregnant mums from Better Start Bradford areas
- At Glucose Tolerance Test clinic at 26 weeks (or in their homes/community midwife appointments

#### Data:

- Baseline questionnaire for pregnant mums and partners
- Routine outcome measures for babies up to age 10 (hospital, health visitor, education)
- Information on all of the projects that babies/families take part in, including level of engagement / attendance

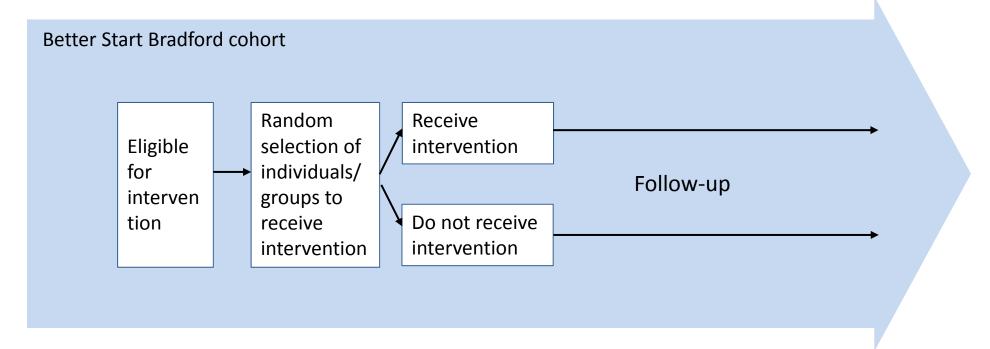


#### **Cohort Participant Tracking**



## Trials within cohorts (TwiCs)





Consent (cohort and TwiCs) Routine Outcome Measure Routine Outcome Measure Routine Outcome Measure

## Ideas or questions?

